

# WELCOME

**2nd**  
**World  
Forum on  
Urban  
Forests**

**2023**



**World Forum on  
Urban Forests**

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**World Forum on  
Urban Forests**







Food and Agriculture  
Organization of the  
United Nations

**Simone Borelli**

Urban Forestry Officer, Forestry Division  
Food and Agriculture Organization of  
the United Nations (FAO)



**World Forum on  
Urban Forests**





Arbor Day  
Foundation®

**Dan Lambe**  
Chief Executive Officer,  
Arbor Day Foundation

X @DanLambe



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Urban Forests**





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**WE INSPIRE PEOPLE TO PLANT,  
NURTURE, AND CELEBRATE TREES.**



accueillir merħba  
benvenuto स्वागत Willkommen Tervetuloa  
Bienvenido  
croeso Witamy dobrodořli  
Sveiki 欢迎 Welkom  
Välkommen Fàilte Vítejte  
Добро пожаловать اهلا وسهلا  
Bem-vindo



World Forum on  
Urban Forests

A world map with a dark teal background. The landmasses are highlighted in a vibrant orange color. The highlighted areas include North America, South America, Europe, Africa, Asia, and Australia. The map is centered on the Atlantic Ocean.

# **2nd** World Forum on Urban Forests

**2023**





 **World Forum on  
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Mantova 2018





The image features three stylized leaves on the left side. The top leaf is green, the middle one is white, and the bottom one is orange. They are all rendered with a geometric, low-poly style. The background is a dark green with faint, repeating leaf patterns.

# LEARN SHARE CONNECT



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# THANK YOU TO OUR CO-ORGANIZERS



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International Society of  
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Smithsonian Gardens





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Proven Solutions for a Growing World

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5356

RECTV

5365

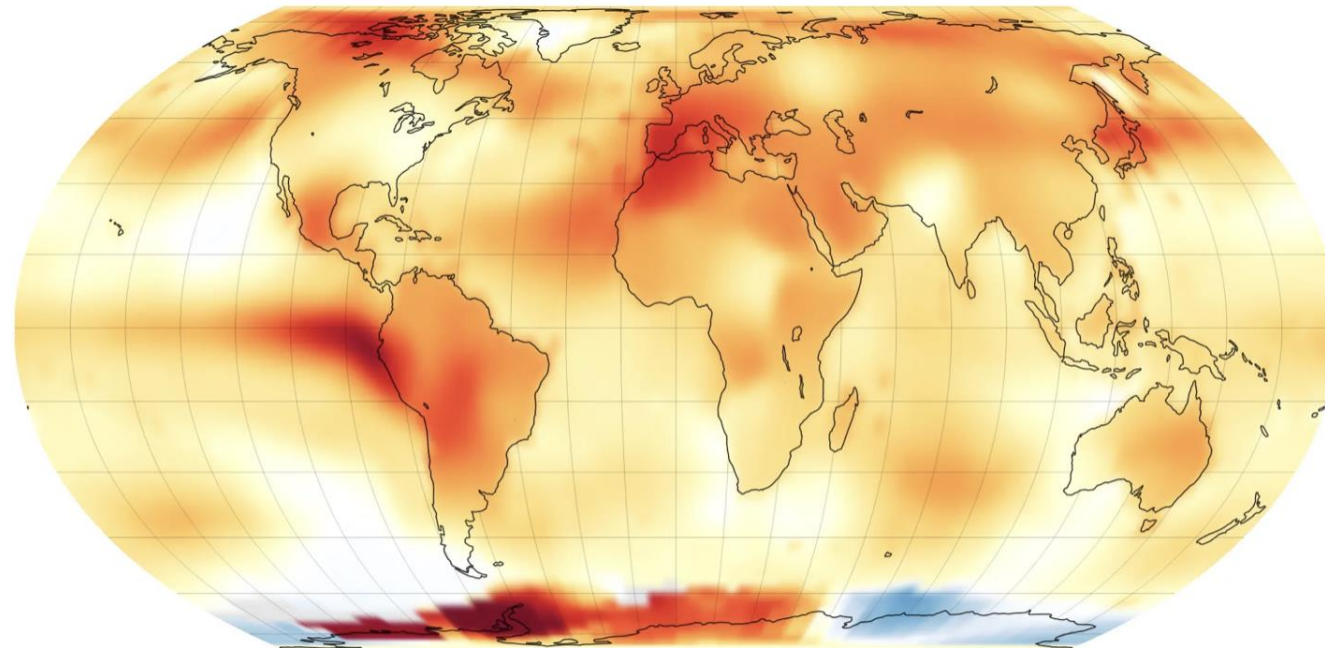
1545





NEWS | September 14, 2023

# NASA Announces Summer 2023 Hottest on Record



**June, July, and August Global Temperature Anomaly (°C compared to 1951-1980 average)**



This map depicts global temperature anomalies for meteorological summer in 2023 (June, July, and August). It shows how much warmer or cooler different regions of Earth were compared to the baseline average from 1951 to 1980. Credit: NASA's Earth Observatory/Lauren Dauphin

Summer of 2023 was Earth's hottest since global records began in 1880, according to scientists at NASA's Goddard Institute for Space Studies (GISS) in New York.





# NOW IS THE TIME FOR TREES



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Washington DC, 2023



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# AND



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# COLLABORATION ADAPTABILITY INCLUSIVITY



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# AND



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**“CAN’T  
kills creativity.”**

– Camille Paglia



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# LISTEN



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MACRI  
GANÓ

EL PULI  
Bebida \$ 70  
Café \$ 45  
Pan de Azúcar \$ 100  
Biscoito \$ 200

El Pulito

RESERVA

















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# AND



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**Chief Mark Tayac**

Piscataway Indian Nation



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Food and Agriculture  
Organization of the  
United Nations

## **Jocelyn Brown-Hall**

Director, Liaison Office for North America  
Food and Agriculture Organization of  
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d.

**Earl Eutsler**

Associate Director / State Forester  
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**Nicolaas Verloop**  
President  
International Society of Arboriculture



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MILANO 1863

**Maria Chiara Pastore**  
Associate Professor  
Politecnico di Milano



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**Fabio Salbitano**  
Associate Professor  
University of Sassari



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**Beatra Wilson**  
Assistant Director for Urban  
and Community Forestry  
U.S. Forest Service



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 Smithsonian Gardens

**Joy Columbus**  
Director  
Smithsonian Gardens



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**Alana Tucker**  
Program Manager  
Arbor Day Foundation



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**Brenda Mallory**  
Chair, CEQ  
The White House



**World Forum on  
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**Ali Zaidi**

Assistant to the President and  
National Climate Advisor  
The White House



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Health and Greenness

## THE GREEN HEART PROJECT



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Presented by

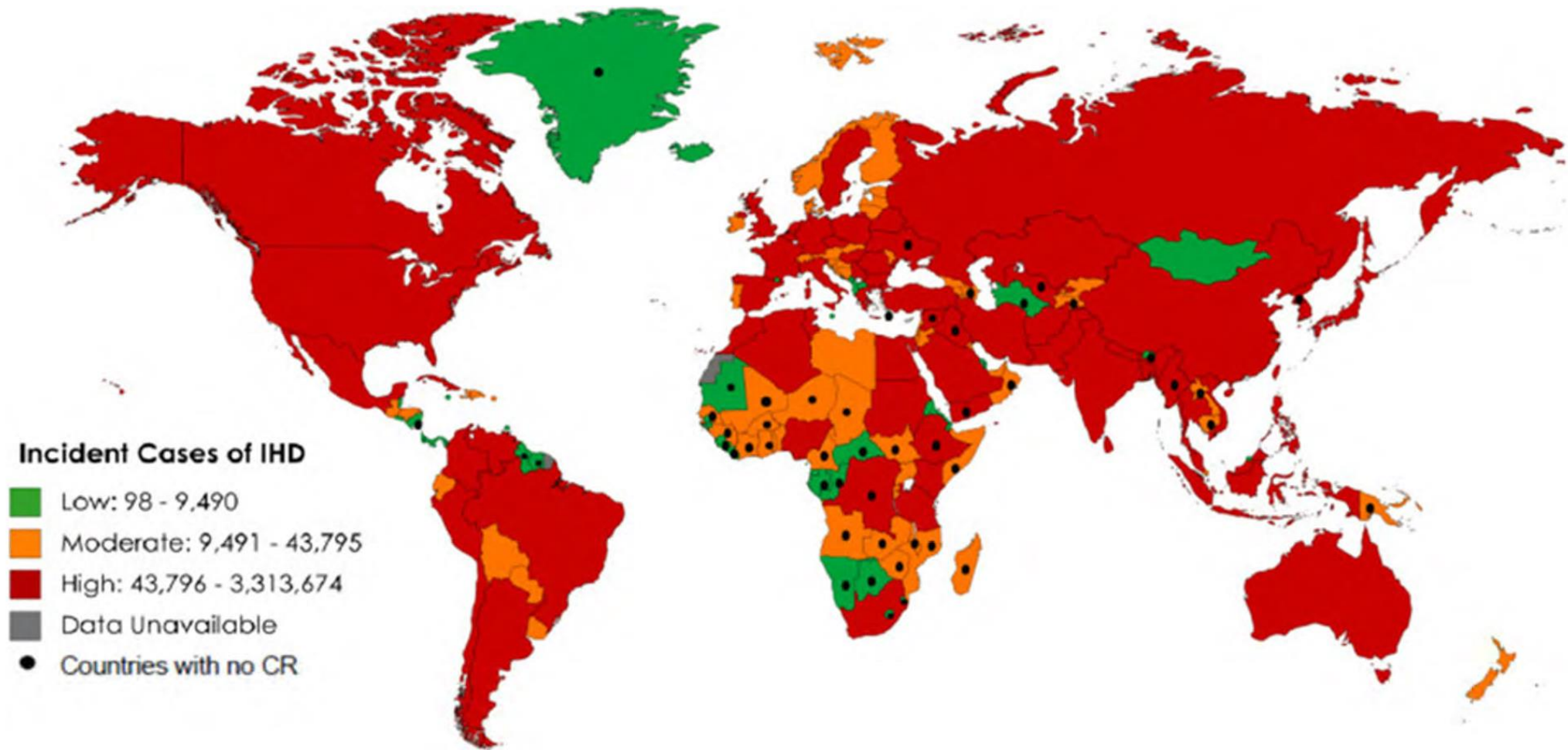
Aruni Bhatnagar

Department of Medicine

University of Louisville





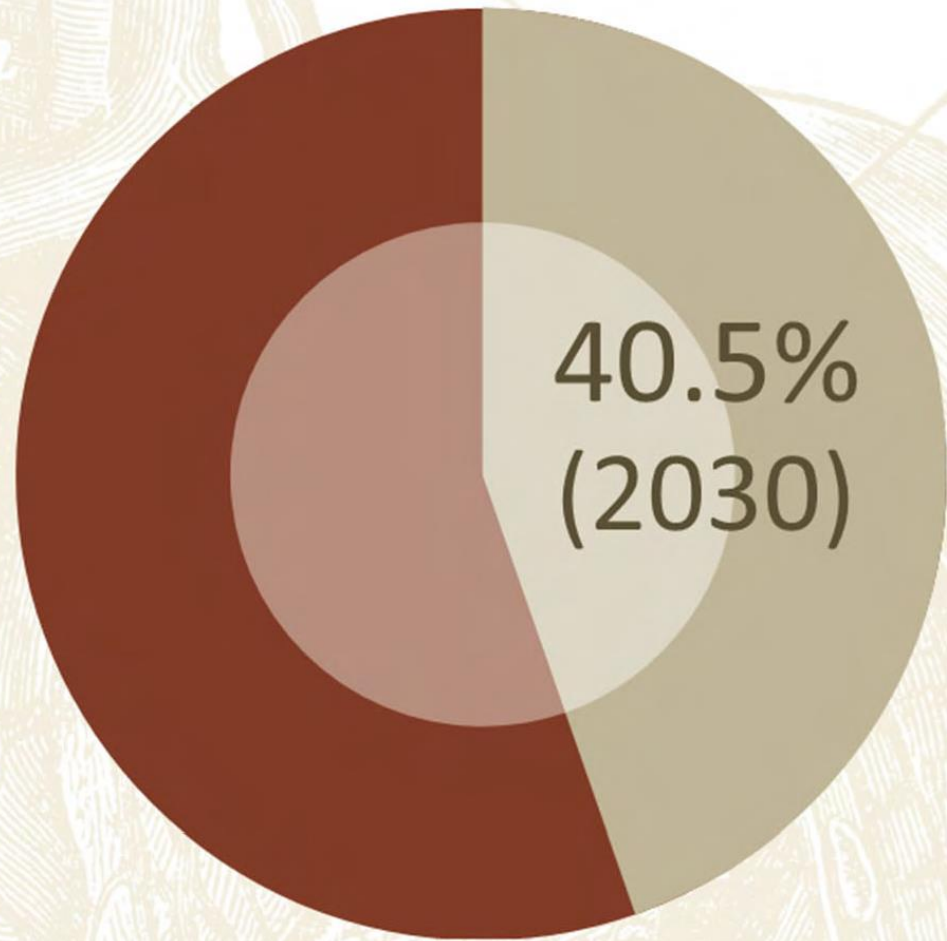


CORONARY HEART DISEASE IS A GLOBAL EPIDEMIC





32.1%  
(2013)



Advances in treatment and diagnosis cannot reverse this trend



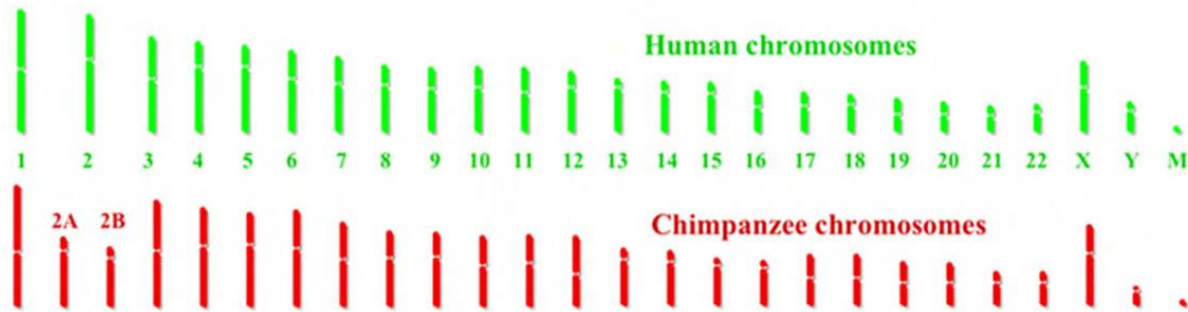


*My family and other animals*

LESS THAN 3% CHIMPS DEVELOP ATHEROSCLEROTIC DISEASE



# Human and Chimp genomes differ by 2.5%



Human genomes differ by 0.5 %





# GENES AND ENVIRONMENT

Pieces of the same puzzle





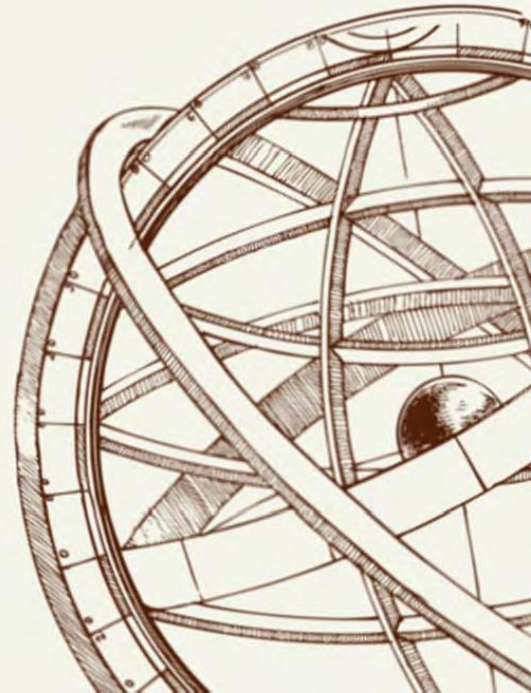


# THE HUMAN GENOME PROJECT



# ENVIROME

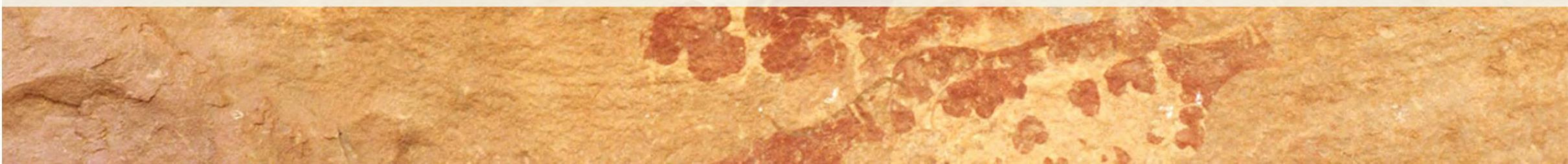
The complete set of environmental conditions that affect the fitness and the health of a specific individual







HUMANS EXIST IN LARGE SOCIAL NETWORKS FASHIONED BY THEIR UNIQUE HISTORY AND CULTURE






# CHRONIC DISEASES ORIGINATES FROM...

Living in unconducive environments

Environmental dys-synchrony

Mismatch between genes and environment

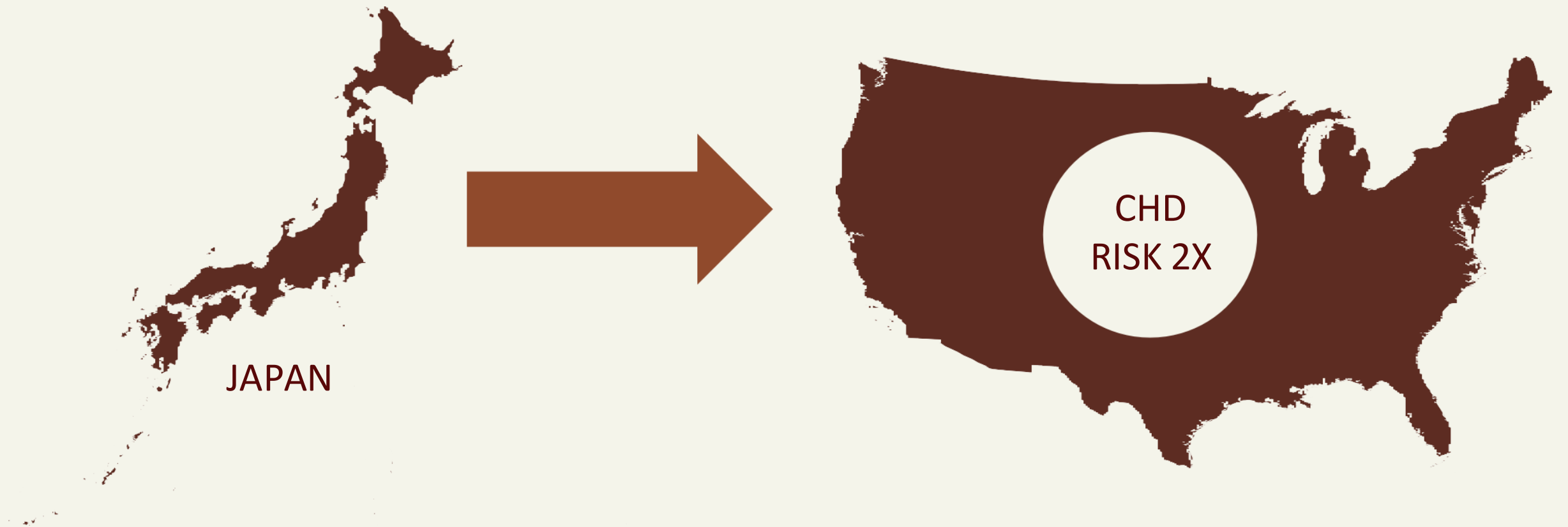




ENVIRONMENTAL CHANGES SIGNIFICANTLY AFFECT CHD RISK



# MIGRATION TO NEW ENVIRONMENTS



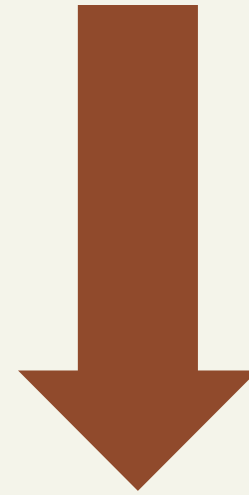


# CHANGE IN ENVIRONMENTAL CONDITIONS

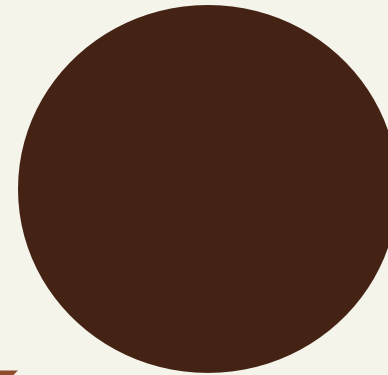
Ischemic heart disease mortality



FINLAND



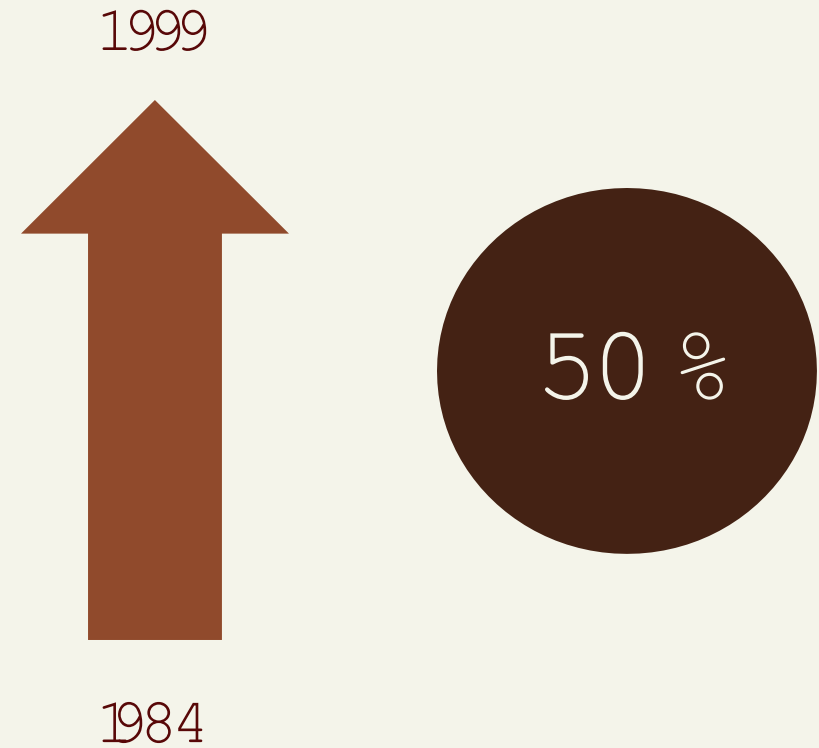
1995



1971

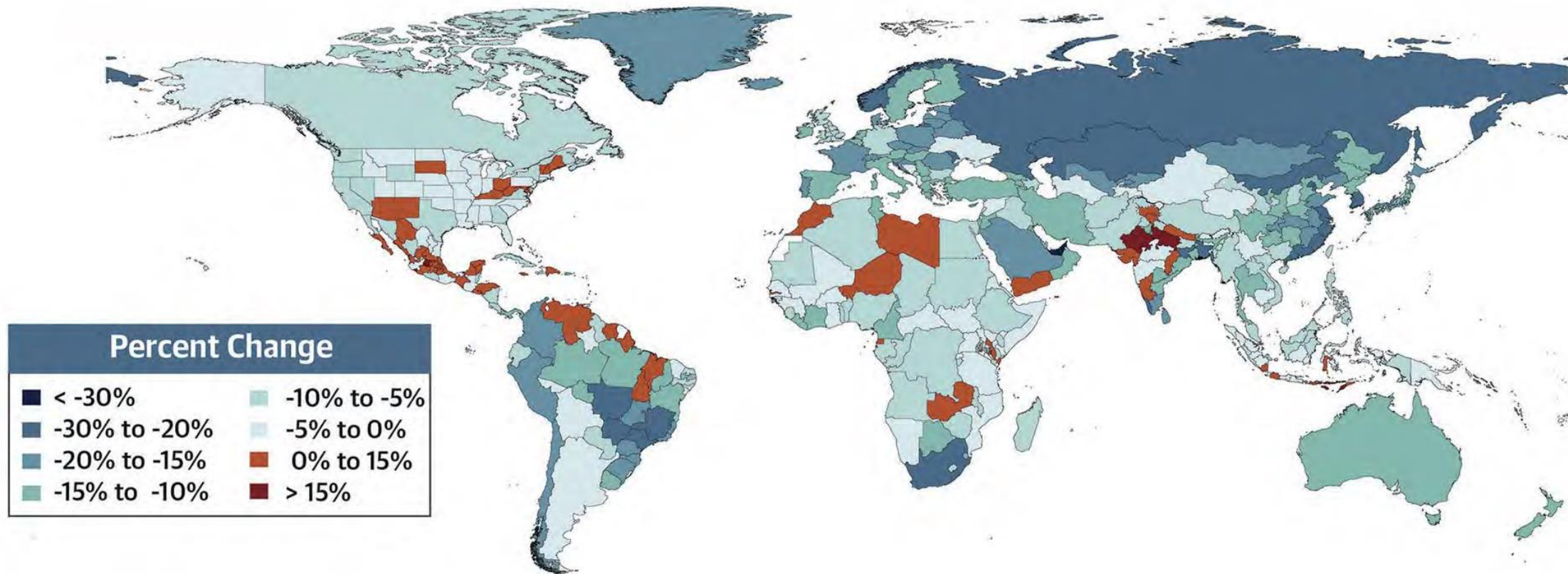


# CHANGE IN ENVIRONMENTAL CONDITIONS





## Percent Change in Age-Standardized CVD Death Rate from 2010-2019





NEARLY 60 – 80 %

OF CHD IS  
PREVENTABLE

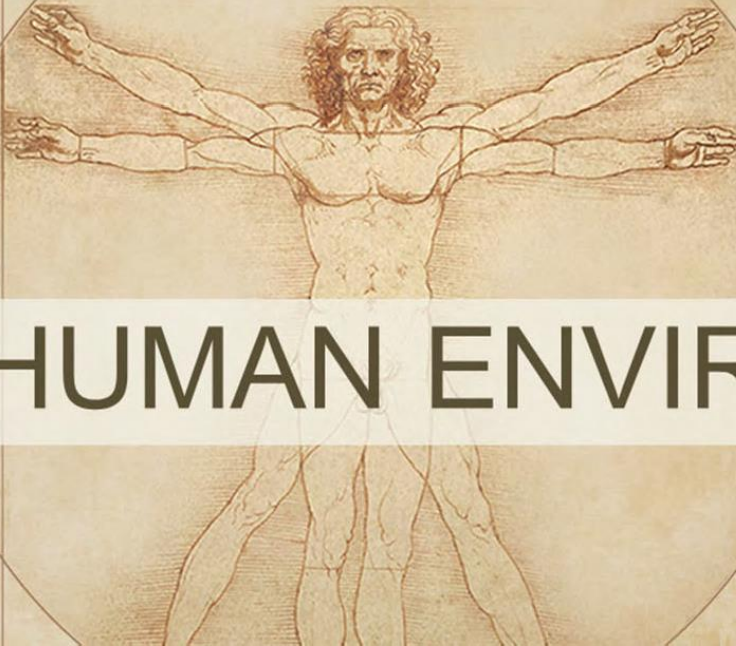




NATURAL ENVIRONMENT

SOCIAL ENVIRONMENT

PERSONAL ENVIRONMENT



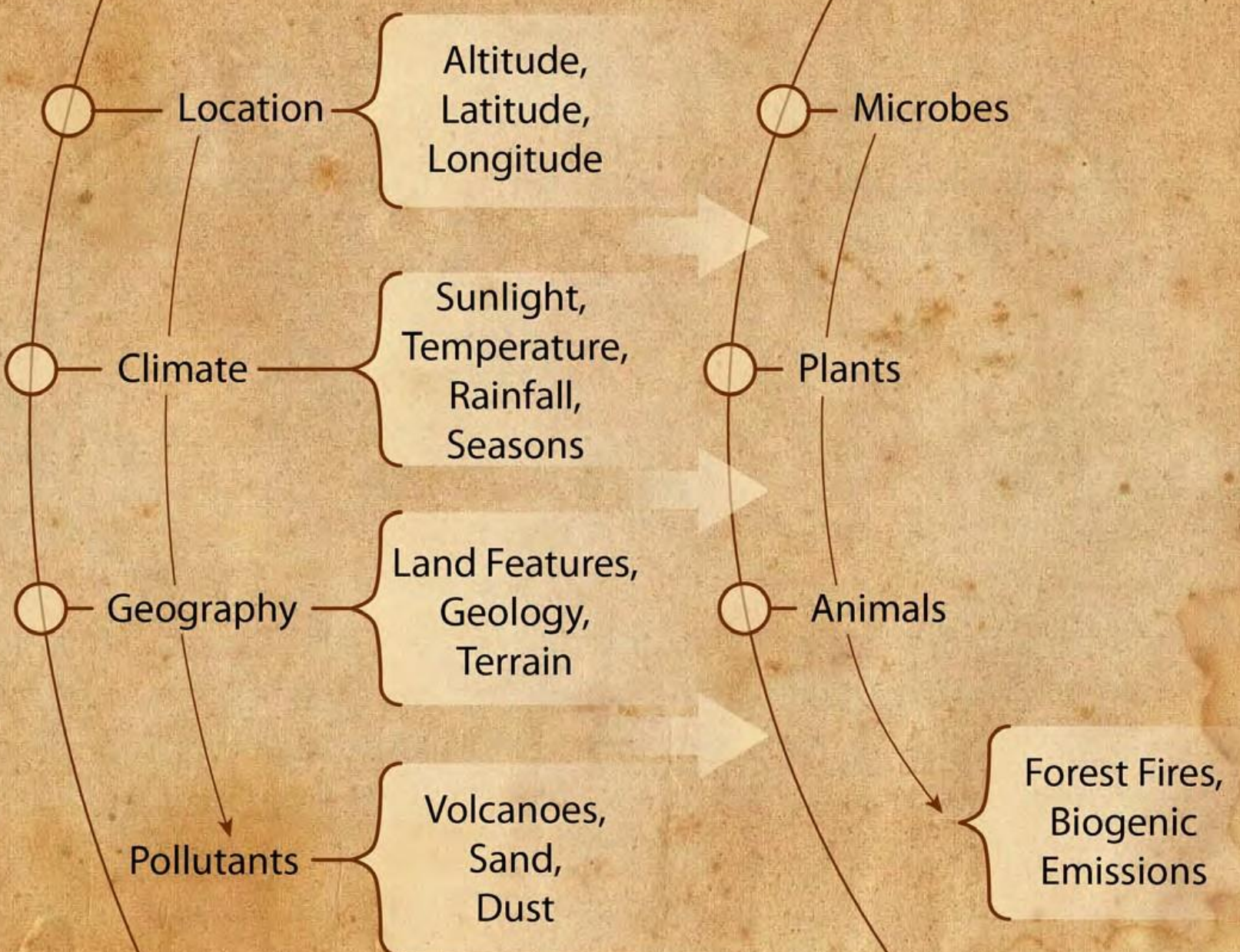
# THE HUMAN ENVIROME



NATURAL ENVIRONMENT

Geosphere

Biosphere





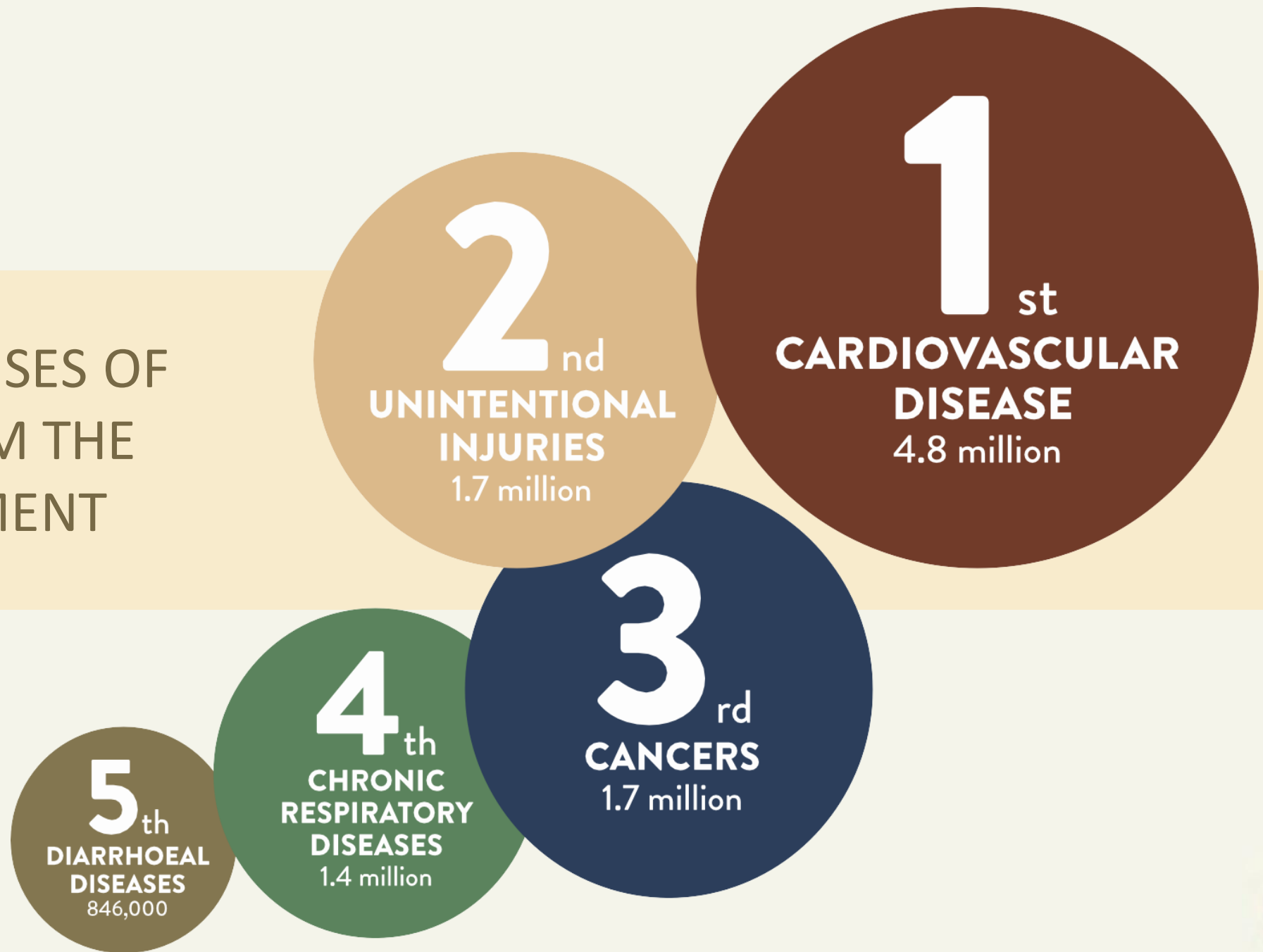
# POLLUTION

Nearly 150,000 cardiovascular deaths in the US



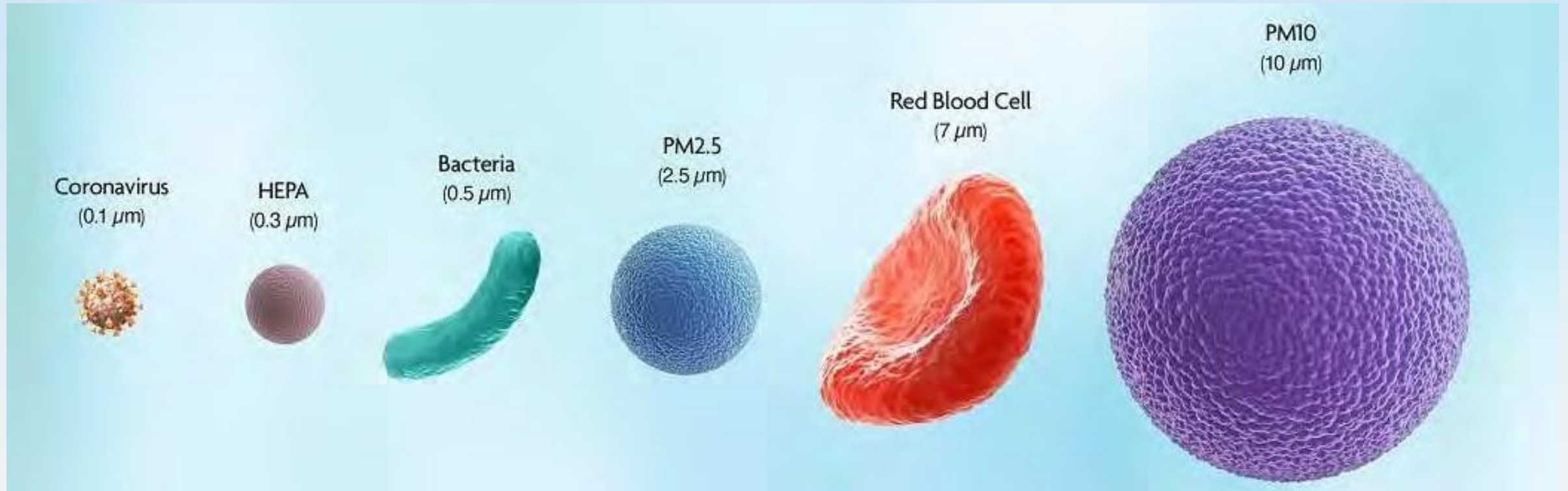


LEADING CAUSES OF  
DEATH FROM THE  
ENVIRONMENT





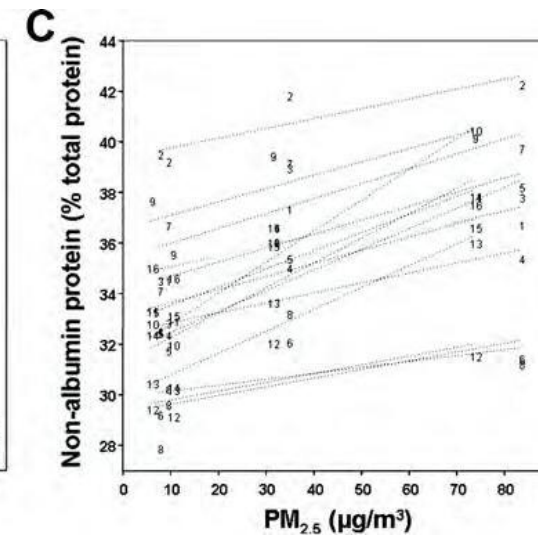
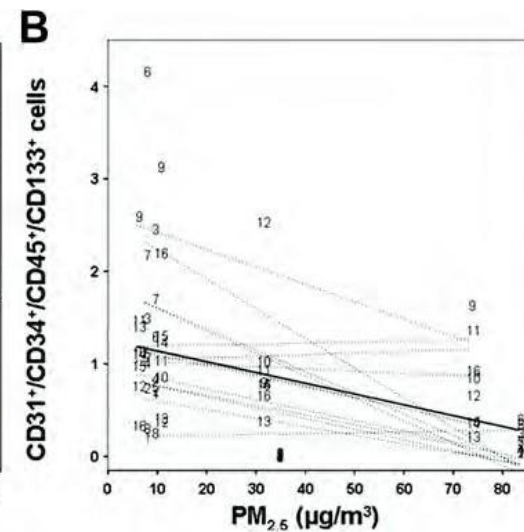
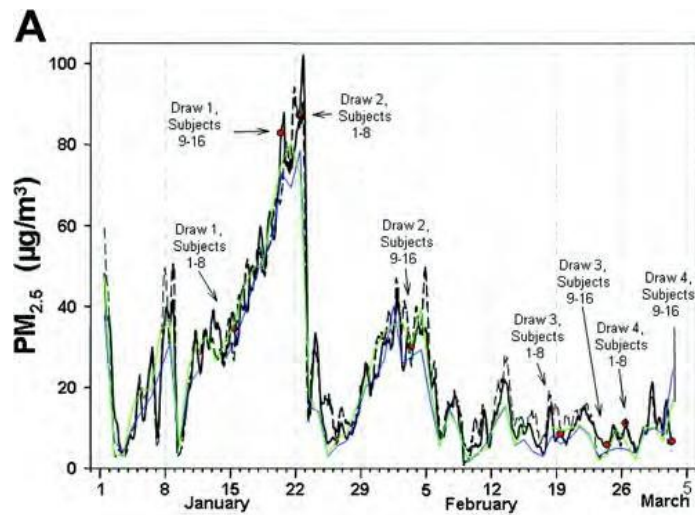
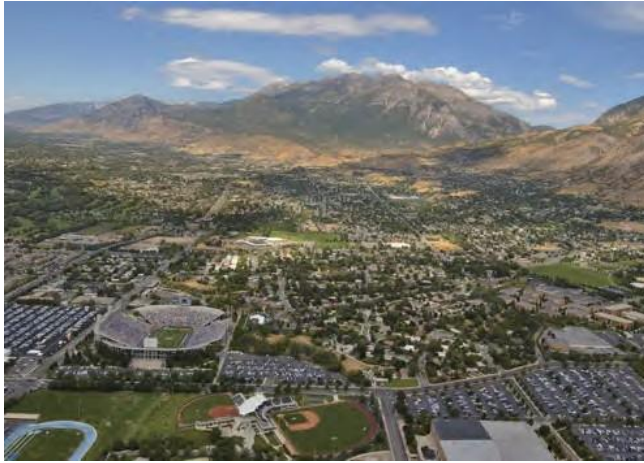
# Particulate Matter



Airborne particles act as ersatz microbes that elicit widespread inflammatory responses leading to 8-12 million premature deaths annually.

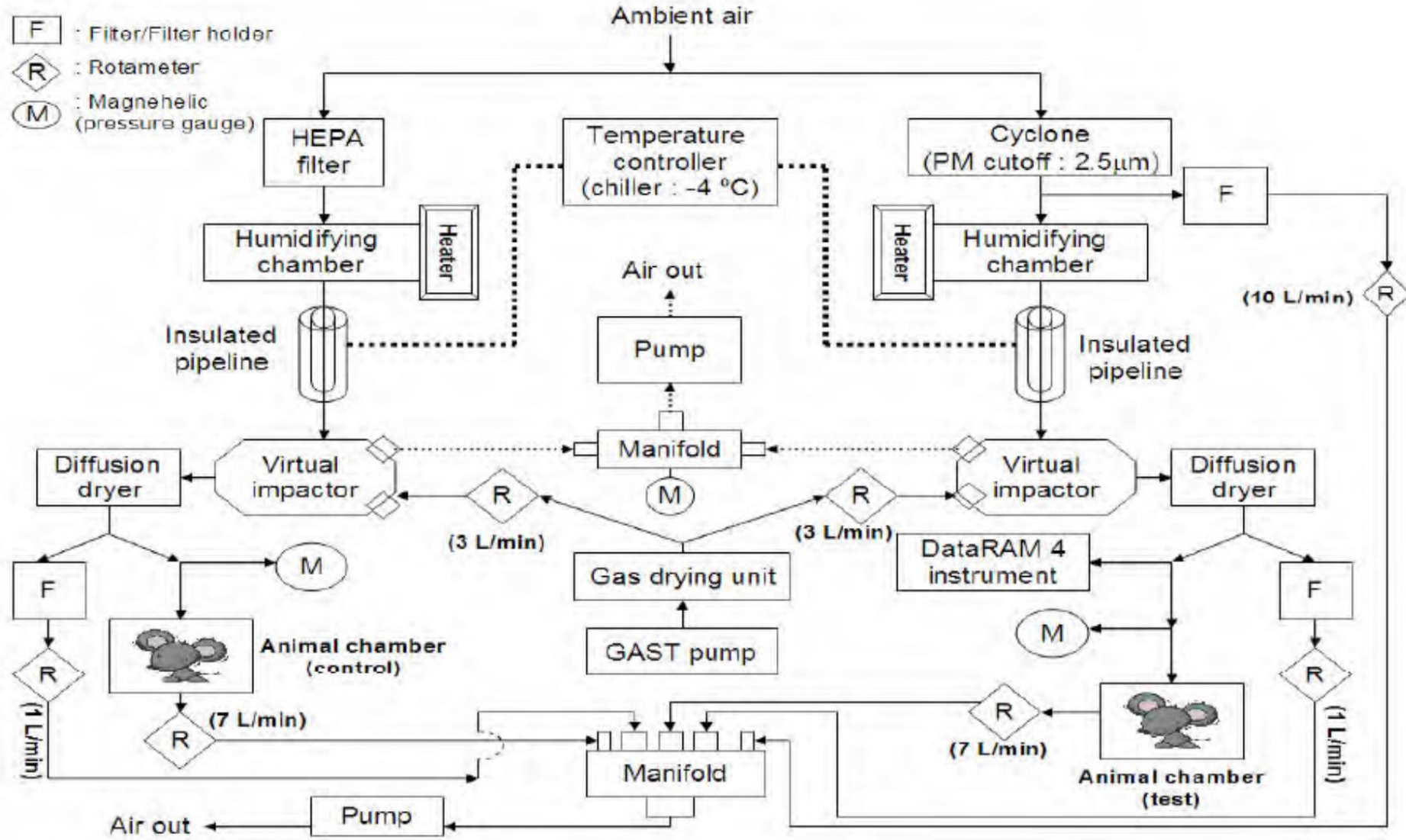


Hs lvrq lf #qfuhdvh #q#S P #ghfuhdvhv #HSF #byhø



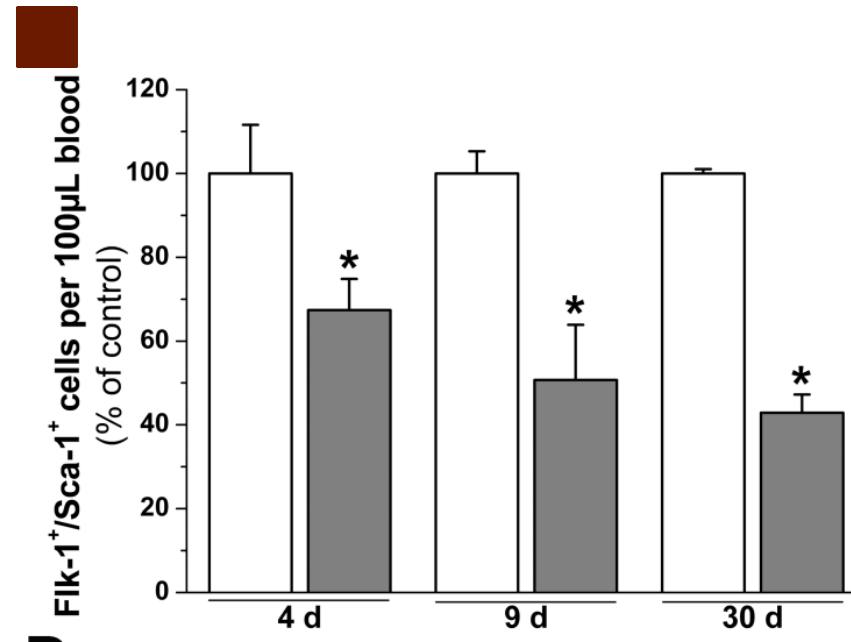
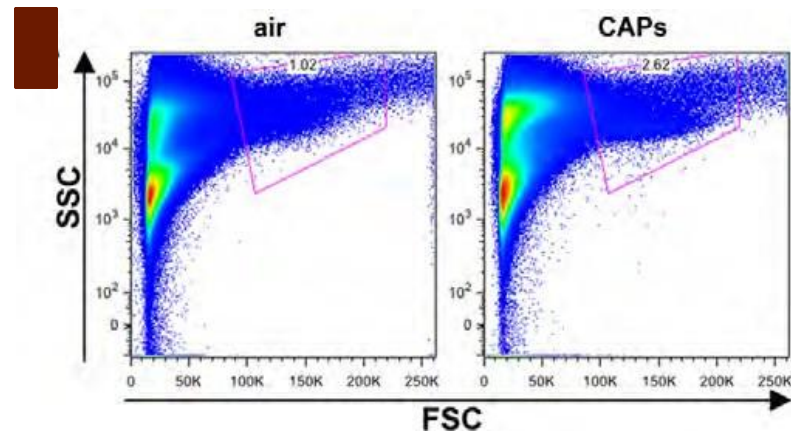


# Experimental Setup for exposing mice to concentrated air particulates



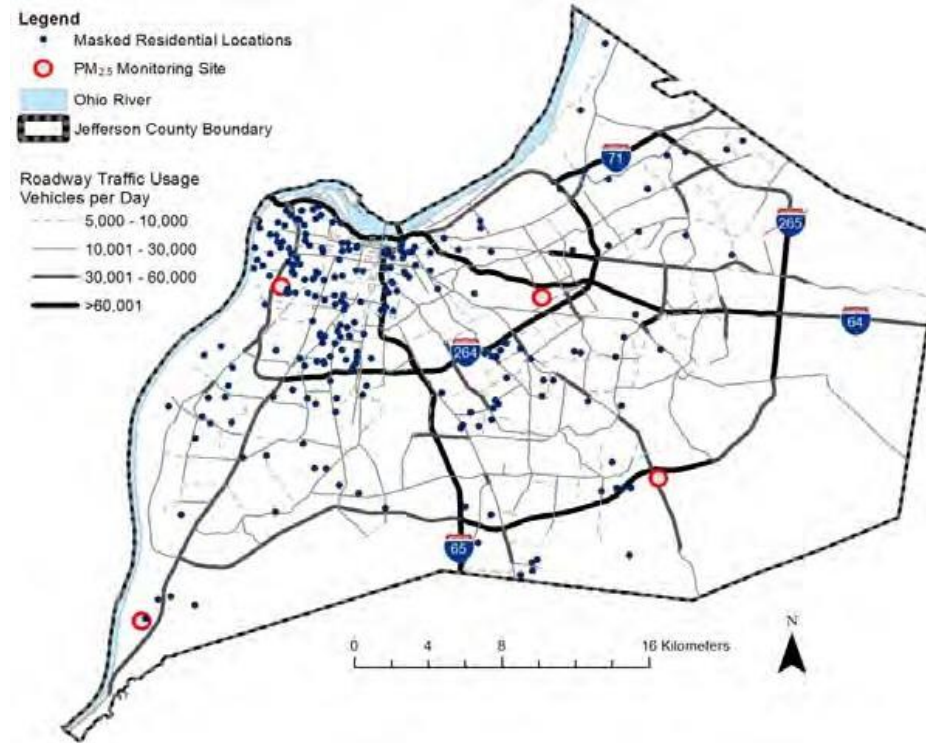


# Exposure to PM Decreases Circulating EPC levels





# Early Progenitor Cell levels are Increased With Road Way Proximity



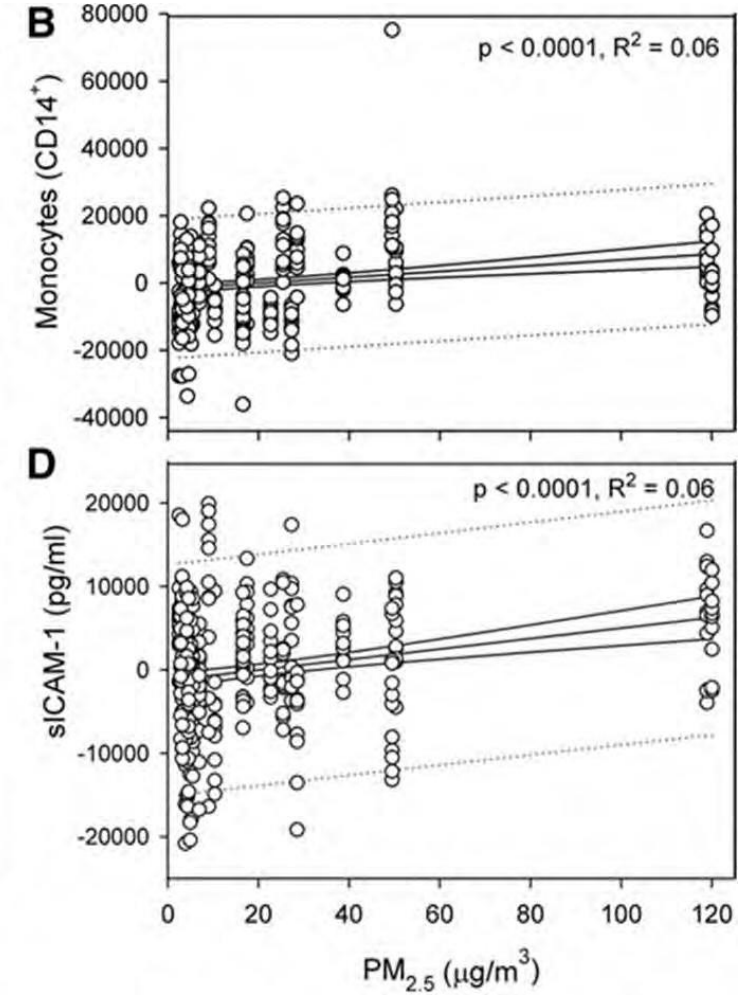
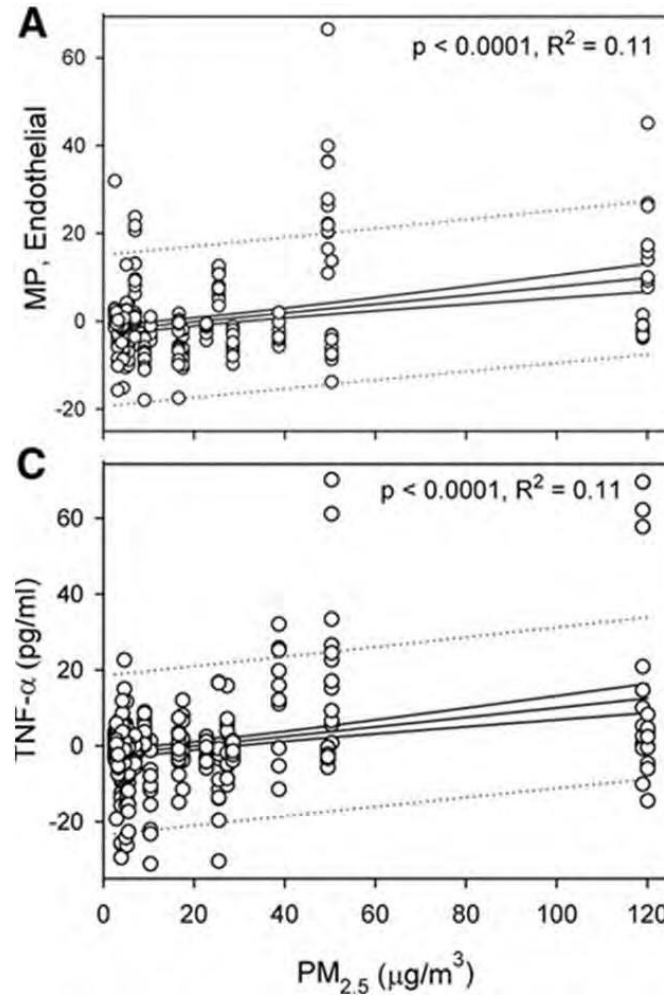
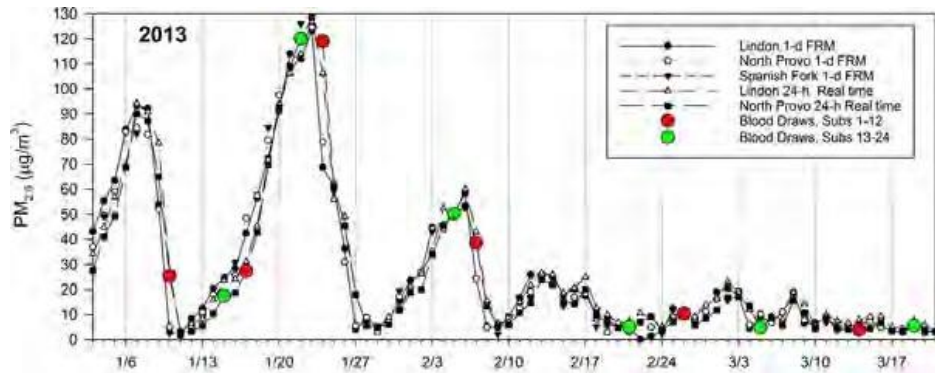
Adjusted Association between roadway proximity and CAC levels

	Total population, n=151		6-month residential duration, n=73	
	$\beta$	p-value	$\beta$	p-value
CAC-4 (CD31+/34+/45+/AC133+)	-0.705	0.029*	-1.463	0.001*
CAC-5 (CD31+/AC133+)	-0.736	0.001*	-0.822	0.024*
CAC-11 (AC133+)	-0.620	0.005*	-0.760	0.063
CAC-14 (CD34+/45+/AC133+)	-1.260	0.007*	-1.011	0.014*



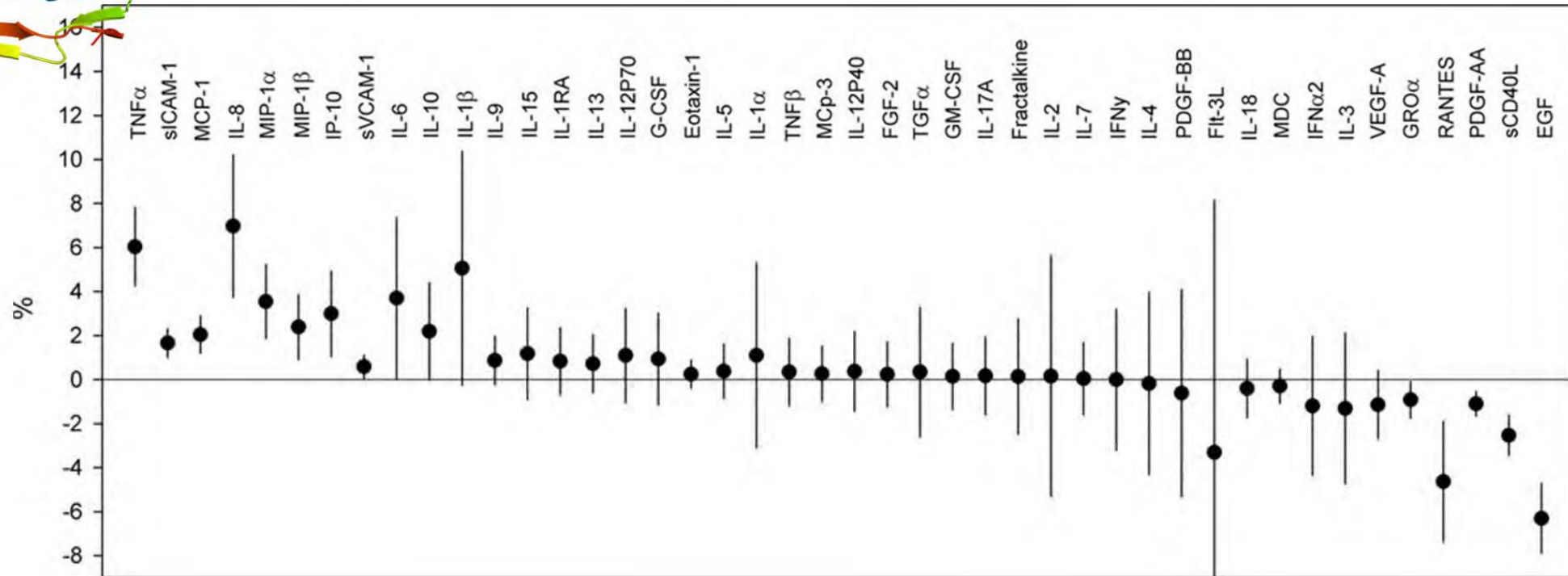
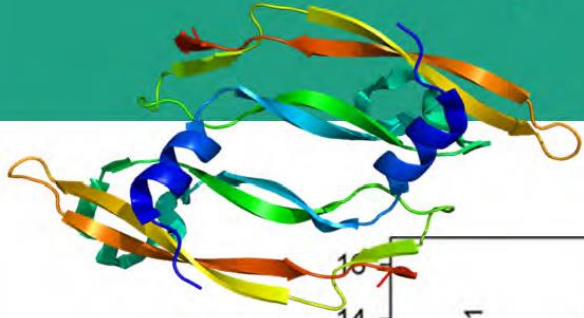
# Longitudinal Study of PM<sub>2.5</sub> and Biomarkers in Young Adults

Young adults (n=72) examined over 3 years during periods of high and low PM<sub>2.5</sub> levels





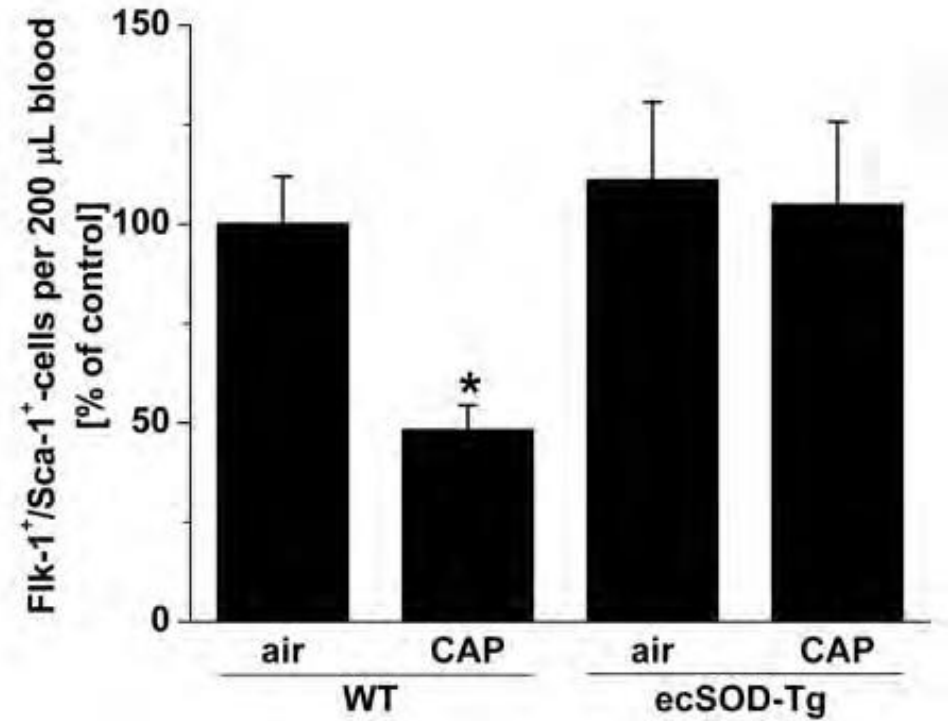
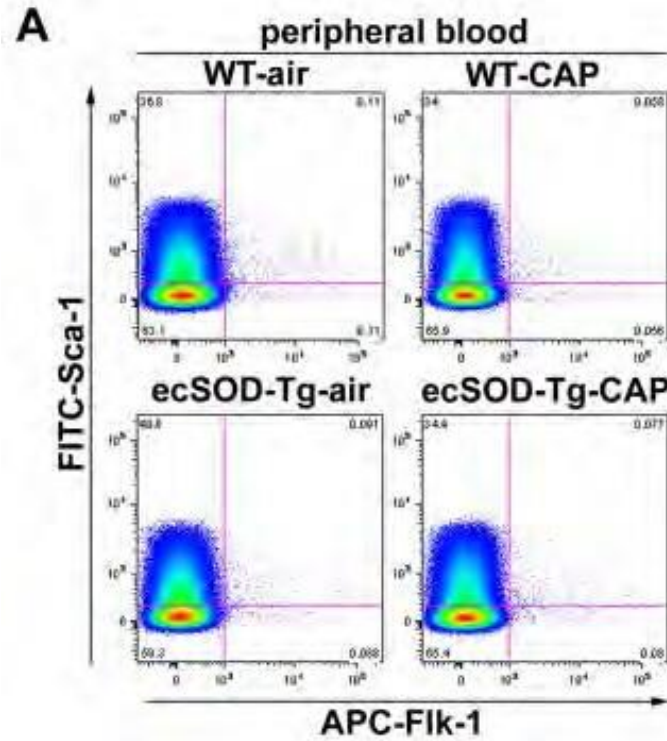
# Exposure to PM<sub>2.5</sub> establishes anti-angiogenic profile





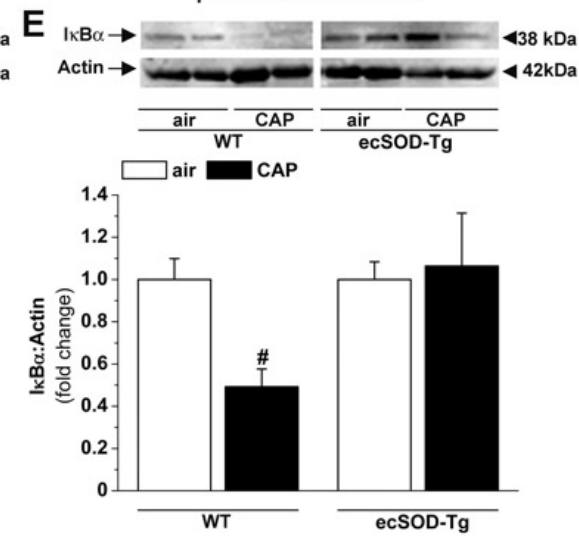
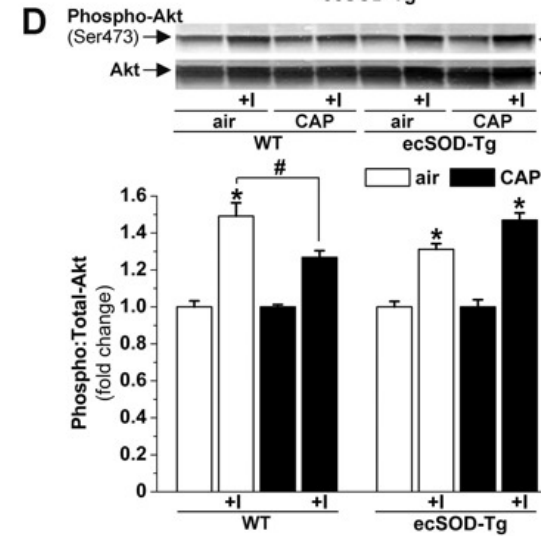
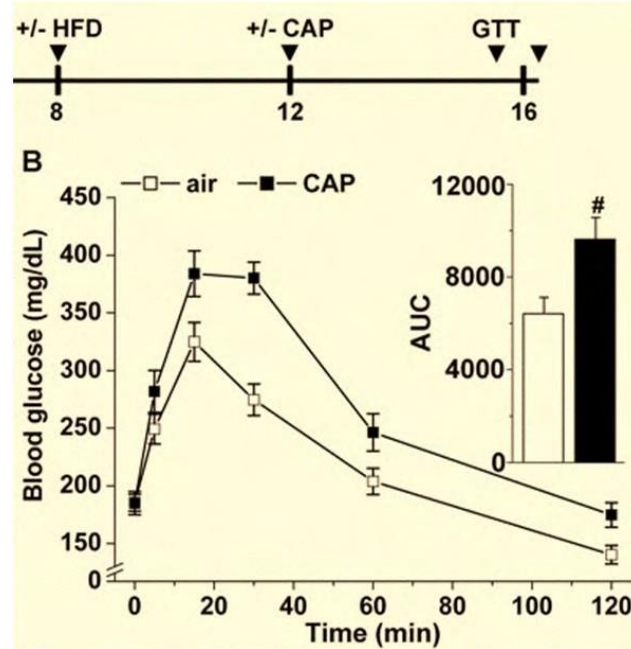
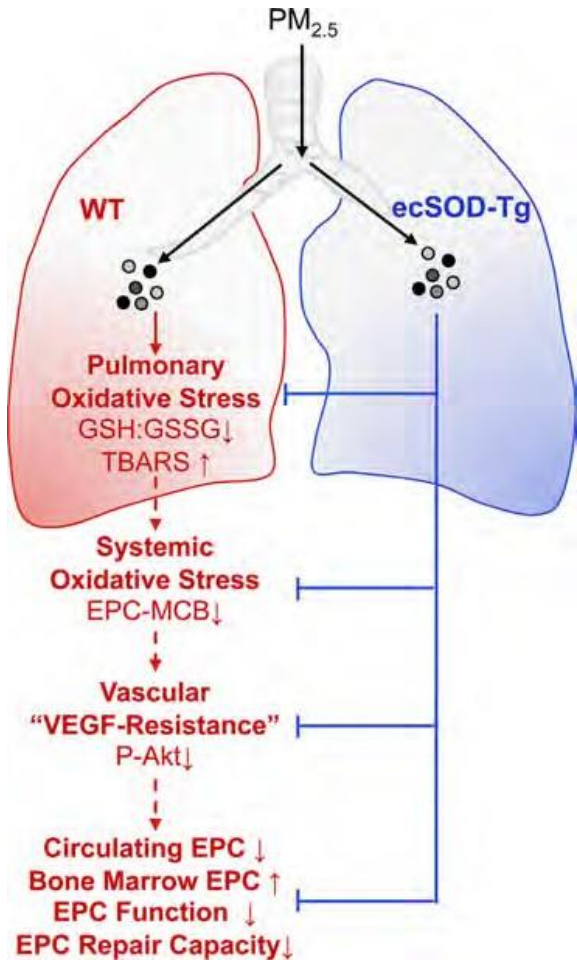
# Sxφ r qduI#h fVR G S uhyhqw#SP 518 Qbgxfhg #ISF #ghsϕwlrq

WT and ecSOD-Tg mice exposed to concentrated air particles (CAPS) or filtered air for 9 days

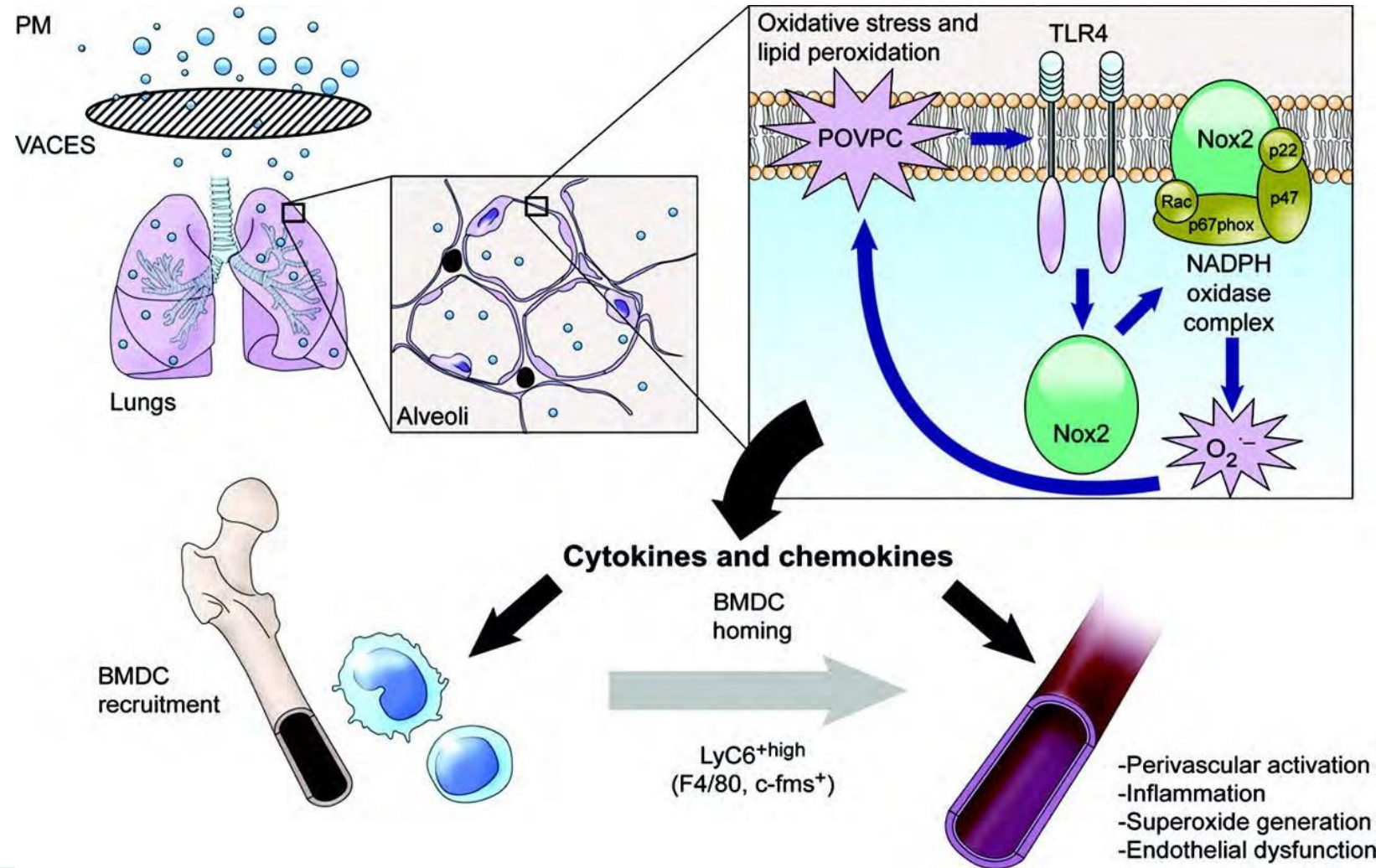




# Sxø røduI#fVR G Sshyhqwf\$P 518 Obgxfhg#qioip p dwlrq







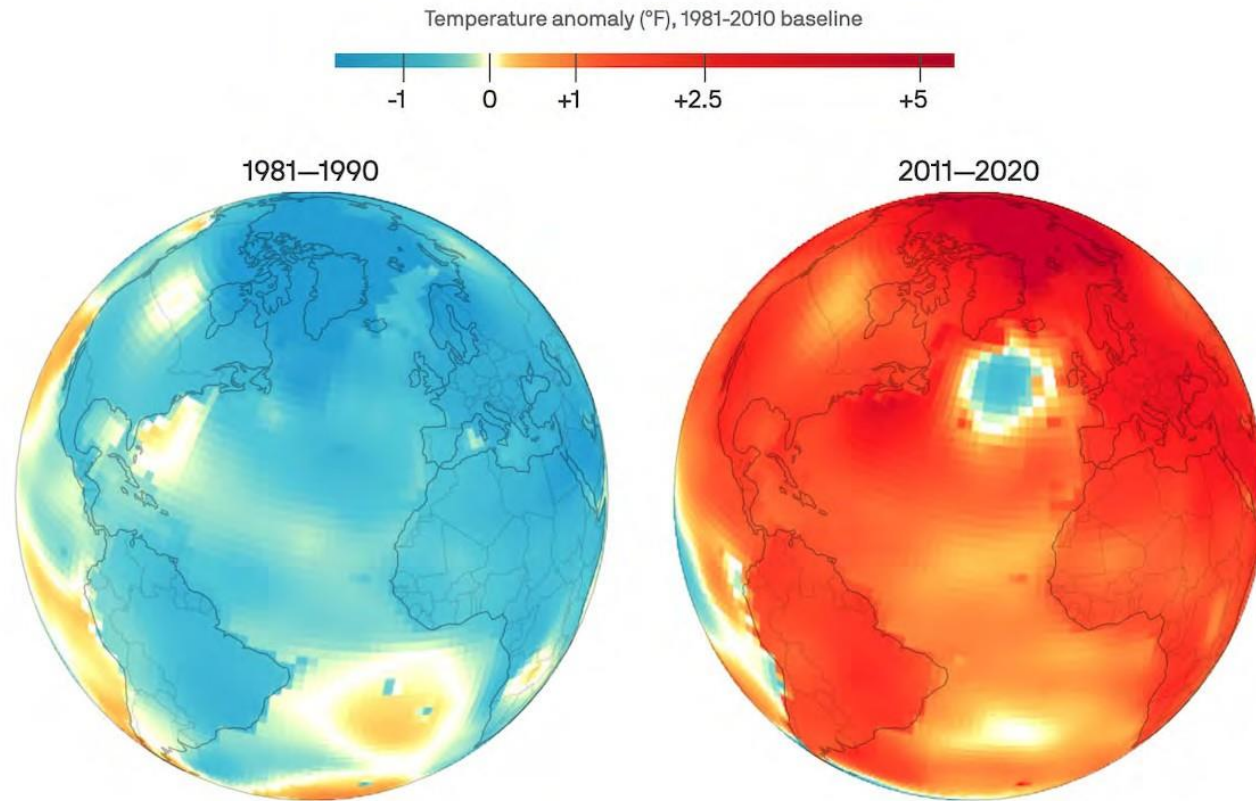


SOCIAL ENVIRONMENT



INDUSTRIAL POLLUTION, SEWAGE AND SOLID MASS BURNING,





FR 5#byh#kdyh#qfuhdvhg#64 ( #vbfh#kh#shbgxwubdw#p h#dqg#kda#kh#qfuhdvh#kdv#ehhg#vbfh#1<98

Hxurshdq#s r o#wlrq#r #kh#P hg l#wudqhdq#r z hu#v rsvskhuh#kdv#qfuhdvhg#kh#byh#r #r }rqh#dqg#Edurq#  
gIr { lgh#507#r#g

HyhuI#lndu#ru#kh#olw#63#lndu#kh#ndukf#Edp dw#kdv#frqv l#wqwd#h { fhhghg#kh#erxqgv#r i#gdxud#  
ydube lwl



**TREES** shade buildings reducing the need for air conditioning which reduces fossil fuel consumption

**TREES** absorb small particulate matter from the air

**LARGE, HEALTHY TREES** have the greatest per tree effects at pollution removal

**REDUCED HEART ATTACKS, STROKES AND ASTHMA**

**HEALTHIER PEOPLE**

**IMPROVED NEIGHBORHOOD AIR QUALITY**



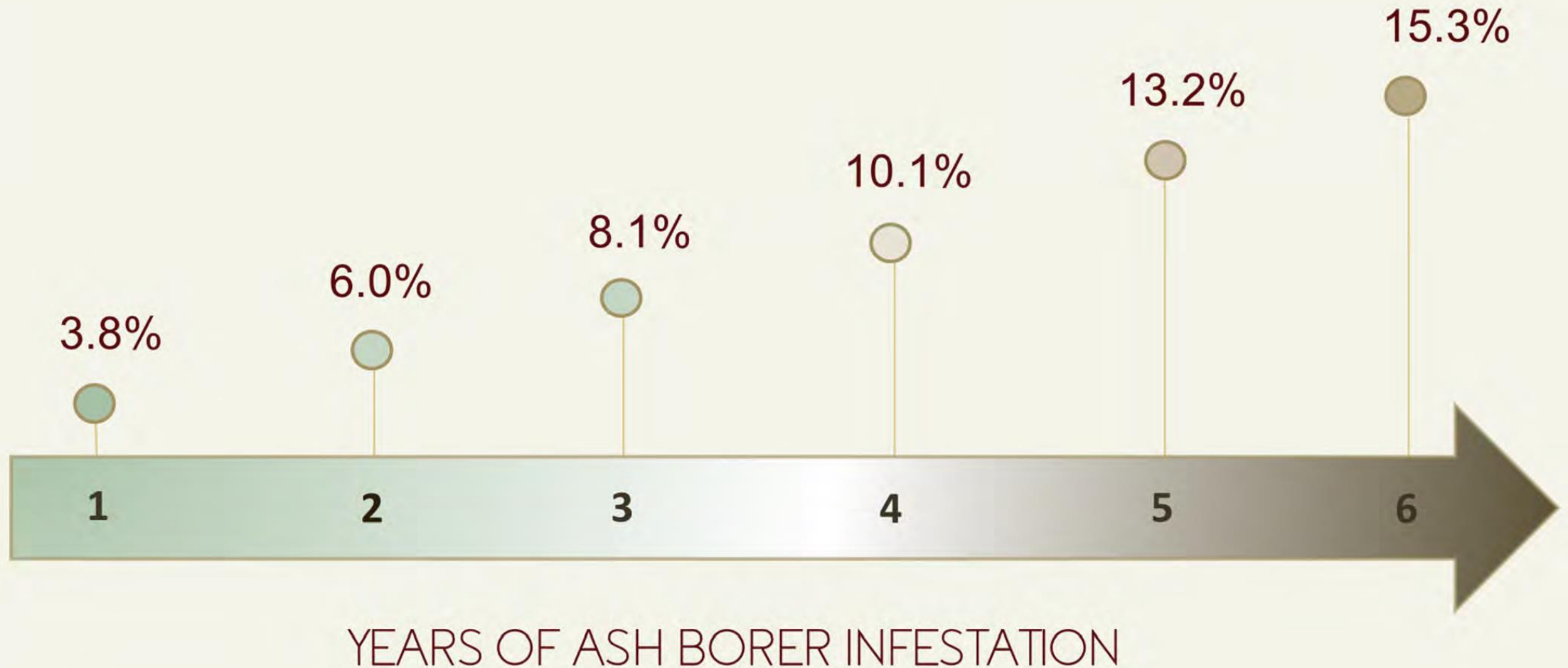




In England, the rate of cardiovascular mortality in least green areas was twice that of greenest areas.

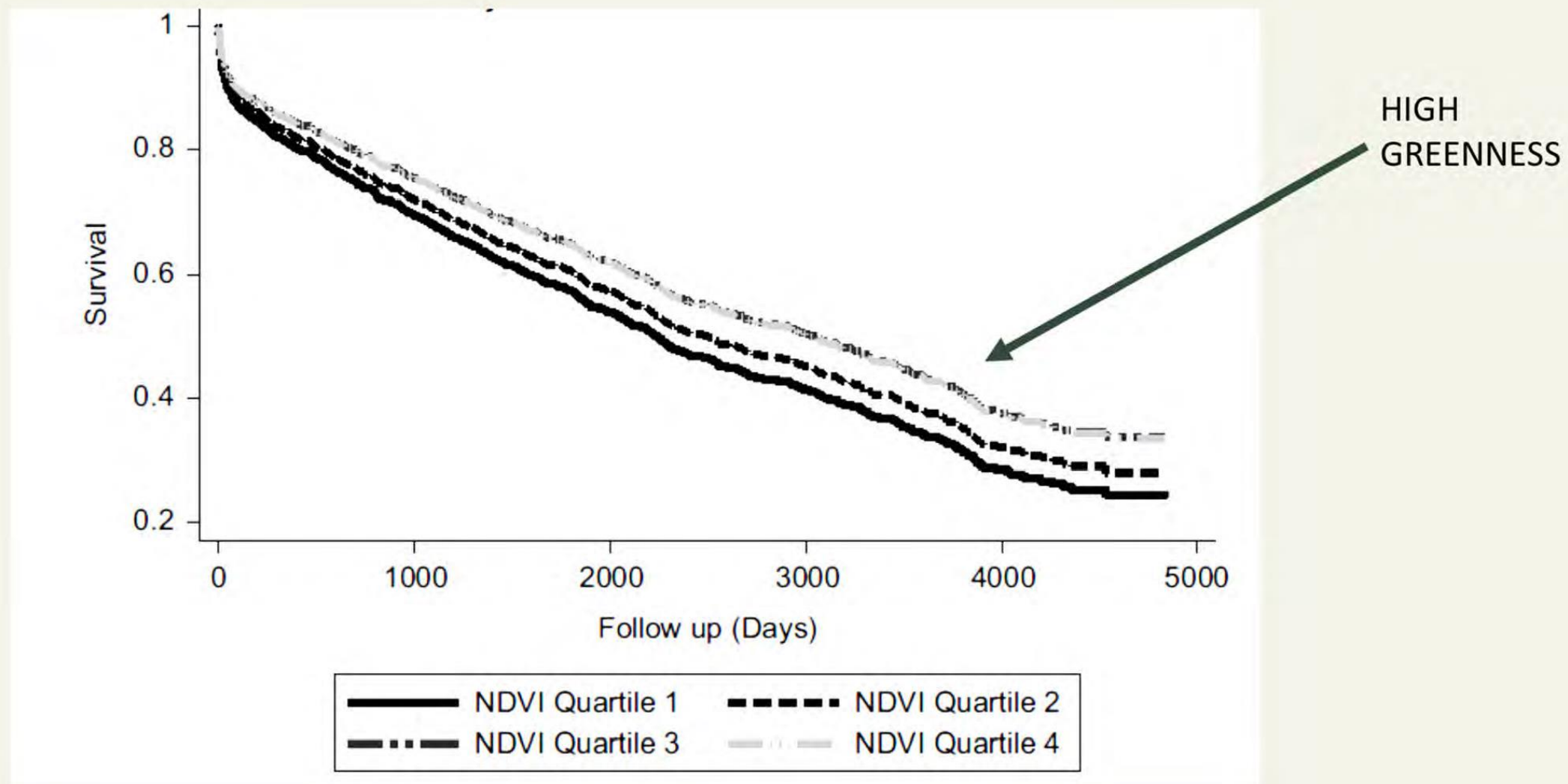


# INCREASE IN CARDIOVASCULAR MORTALITY





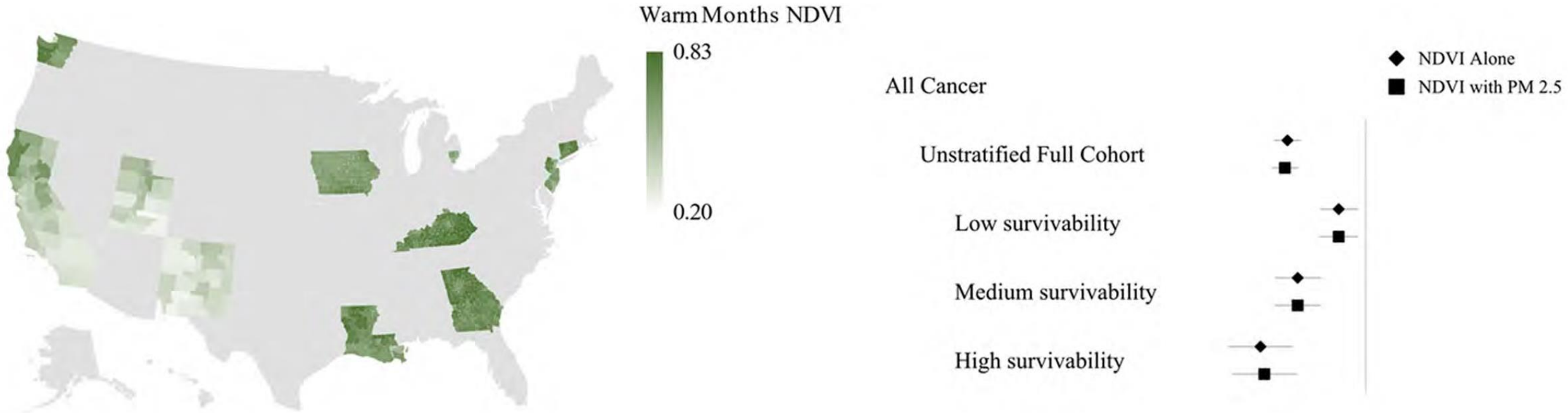
# LIVING IN GREEN SPACES AND STROKE SURVIVAL





# THE US NATIONAL CANCER INSTITUTE'S SURVEILLANCE, EPIDEMIOLOGY AND END RESULTS (SEER) COHORT

Cohort of 5,529,005 individuals. 2,263,874 deaths







## NATURAL ENVIRONMENT

Forests  
Grasslands  
Brush  
Mosses  
Wetlands



## SOCIAL ENVIRONMENT

Parks  
Yards  
Yard trees  
Street trees  
Gardens



## PERSONAL ENVIRONMENT

Indoor plants  
Residential Yards





# PHYSICAL ACTIVITY

Green Spaces Promote Physical Activity





# SOCIAL COHESION

Green Outdoor Spaces Promote Social Interactions and Cohesion





# MENTAL HEALTH

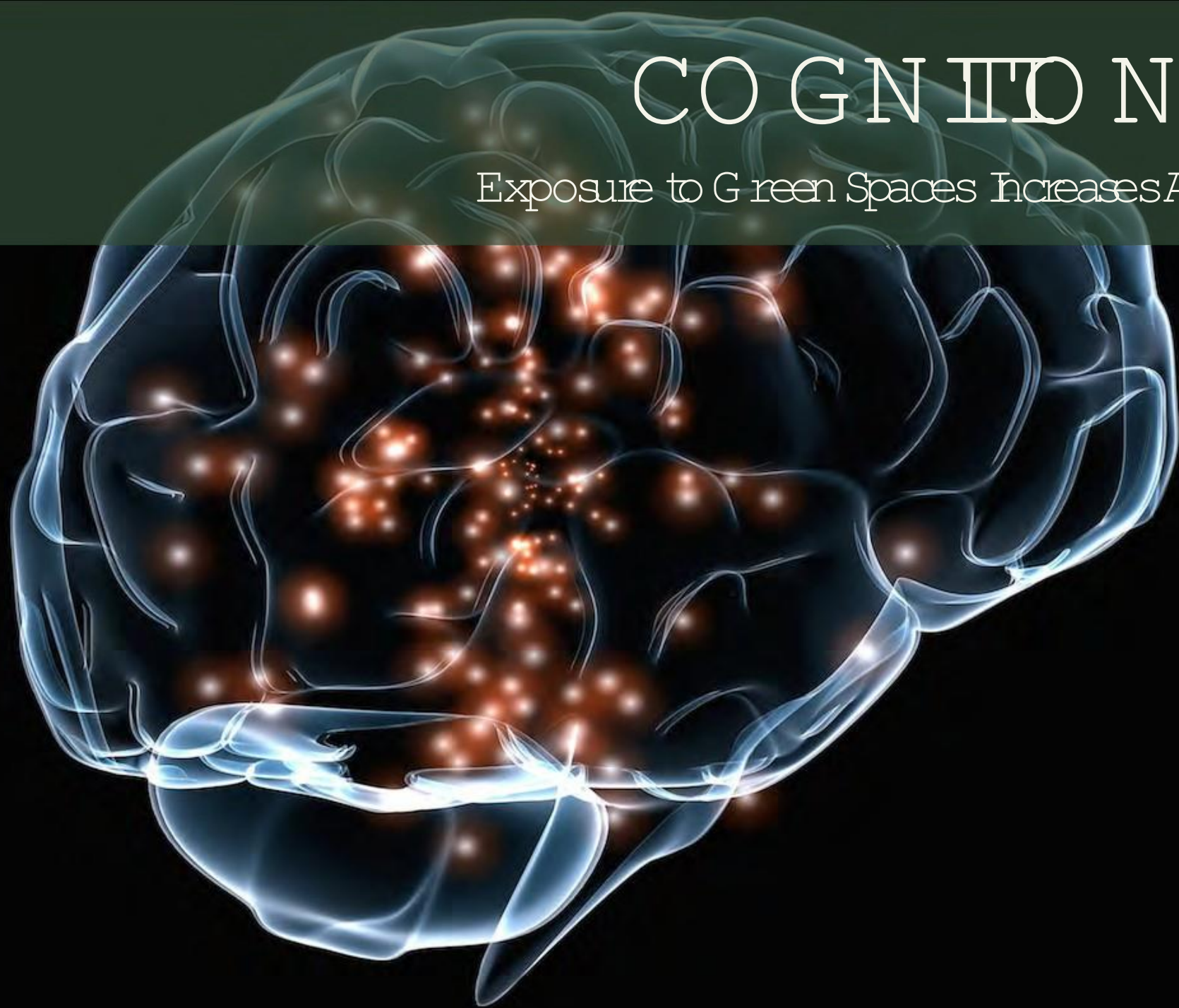
Individuals living in greenspaces report better mental health





# COGNITION

Exposure to Green Spaces Increases Attention





# IMMUNITY

Plant antigens educate the human immune system





# ASTHMA

Children living in green spaces have less asthma a



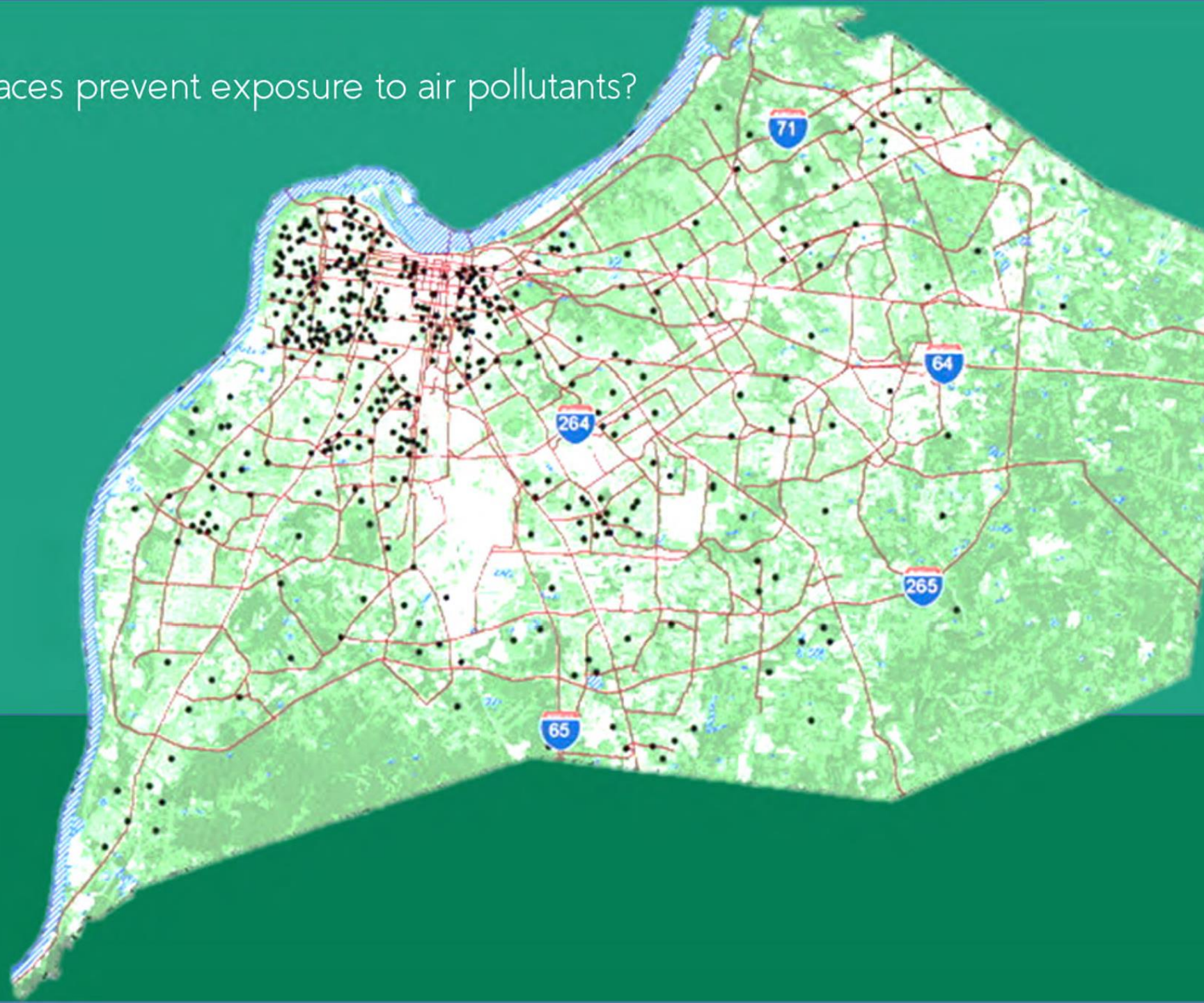


# A Room With A View



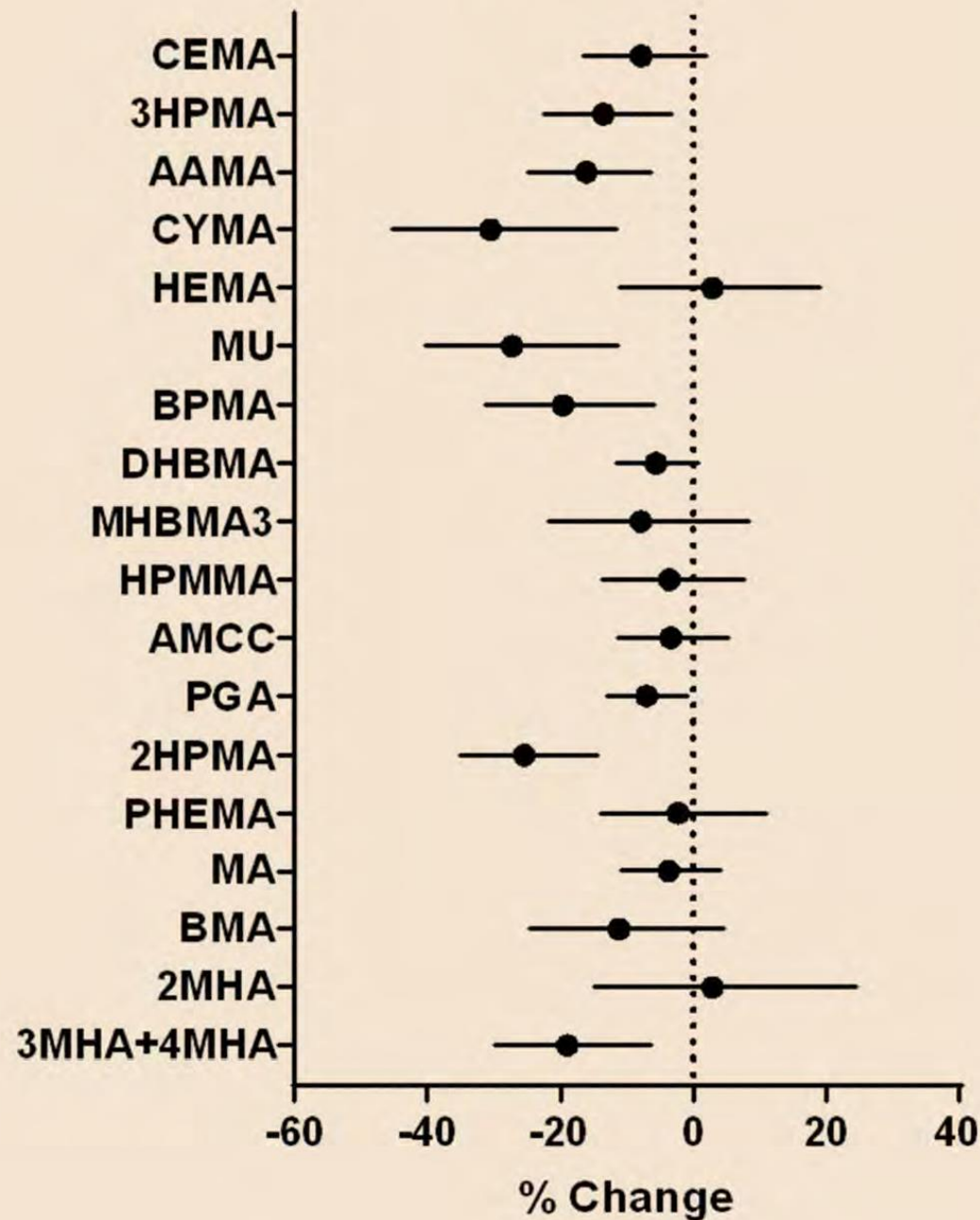


Do green spaces prevent exposure to air pollutants?





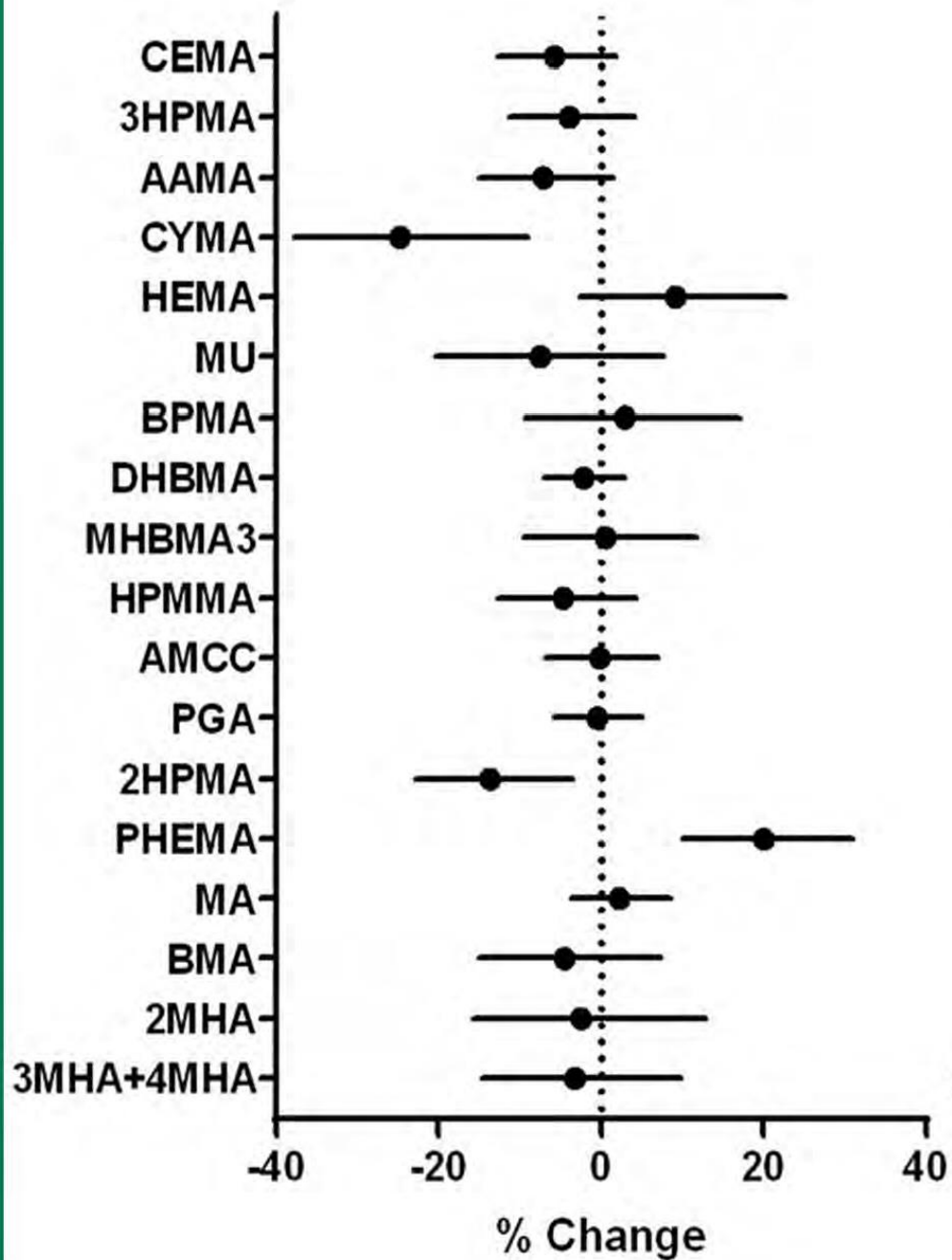
# Peak (100m)



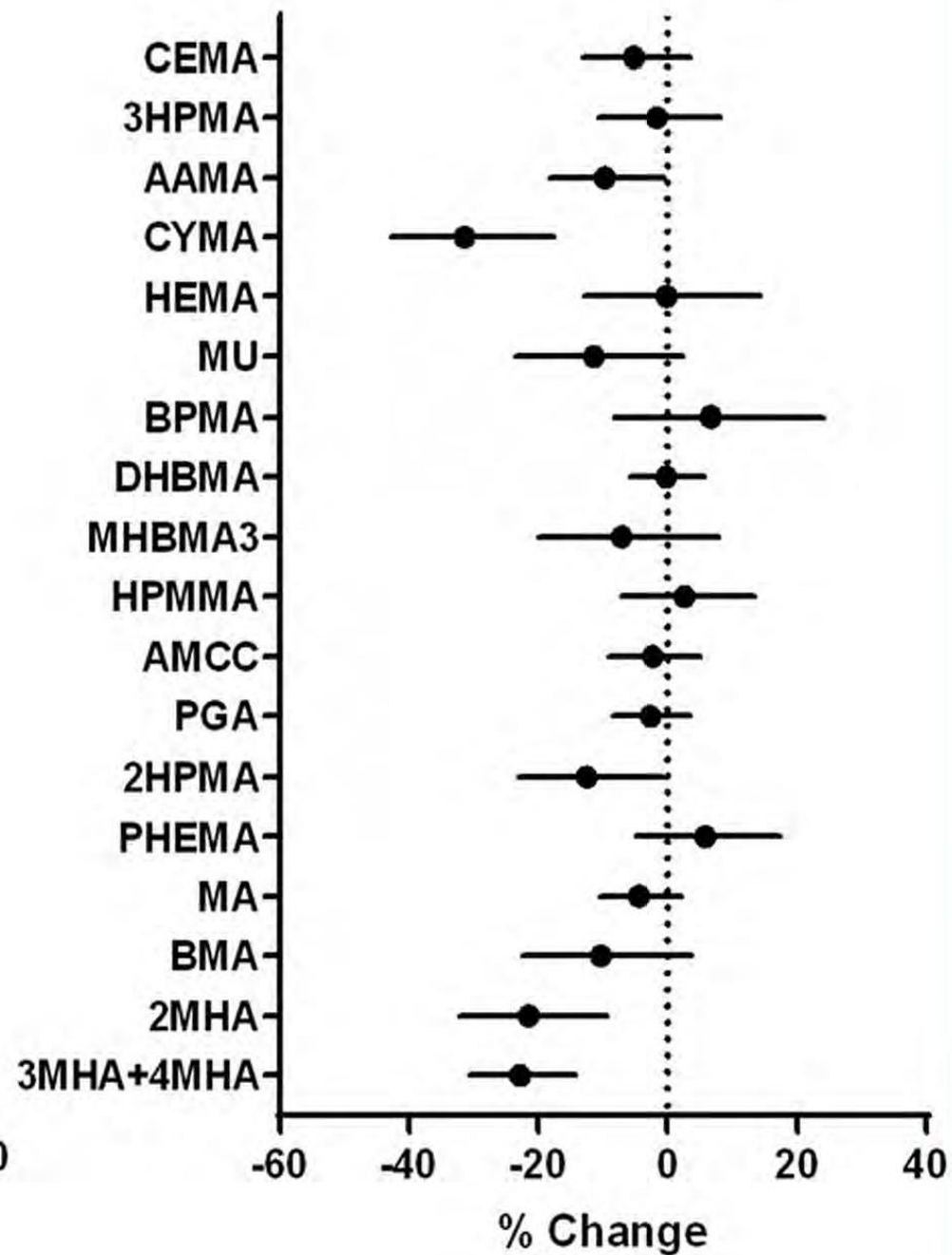
Association between urinary VOC metabolites and residential greenness



% Tree Canopy

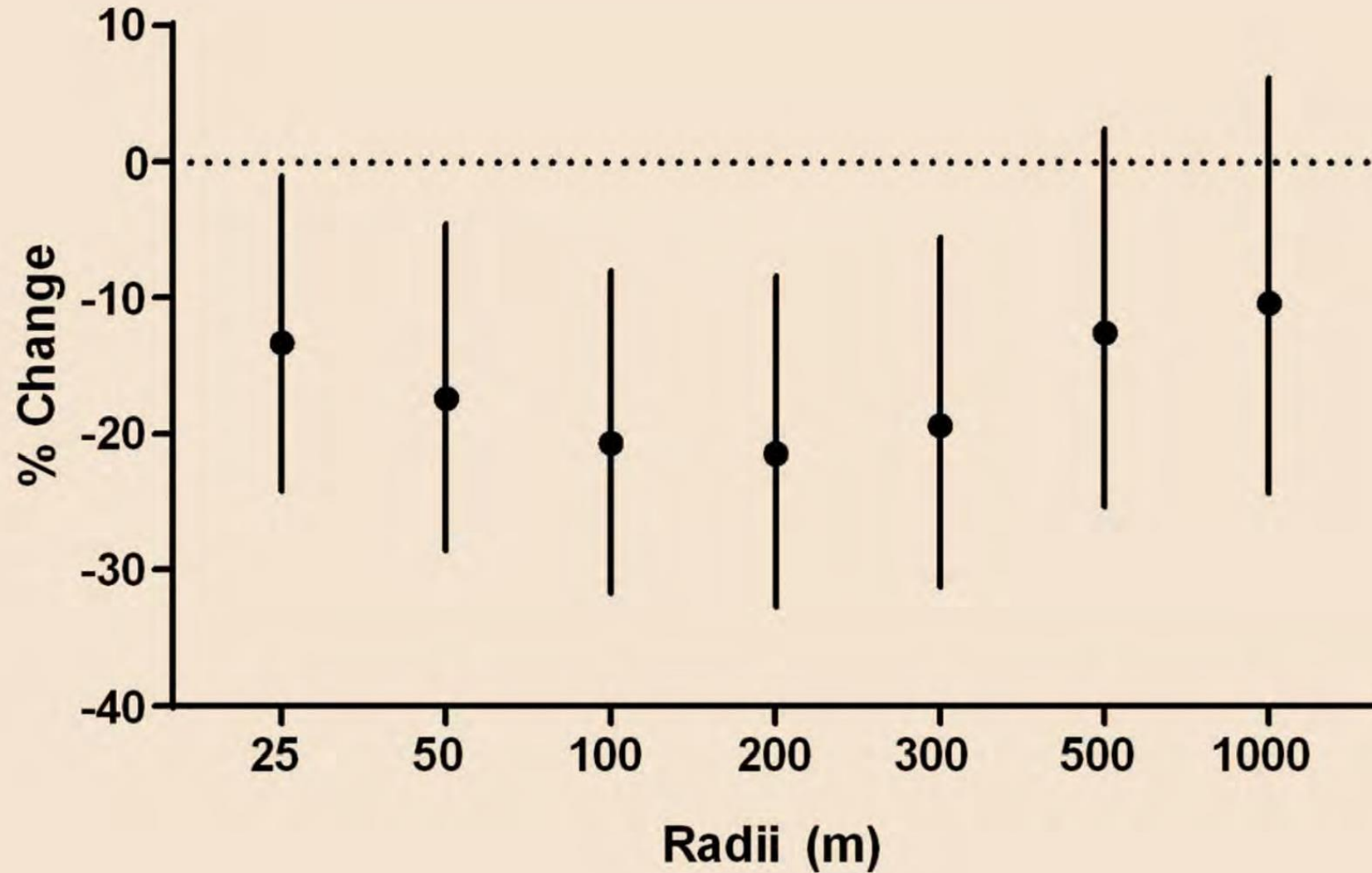


% Street Tree





# Residential Distance to Greenness and Urinary VOC metabolites





**LOW GREEN**



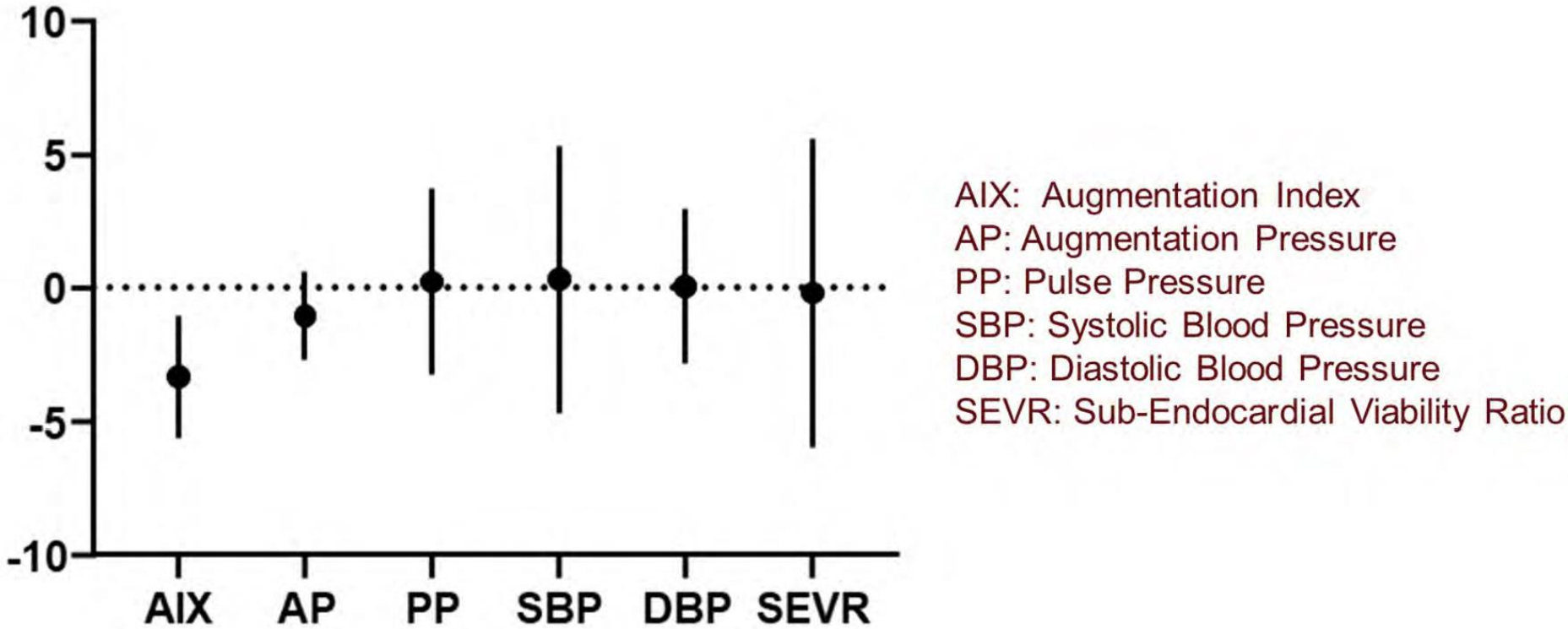
**HIGH GREEN**



**VOCs**



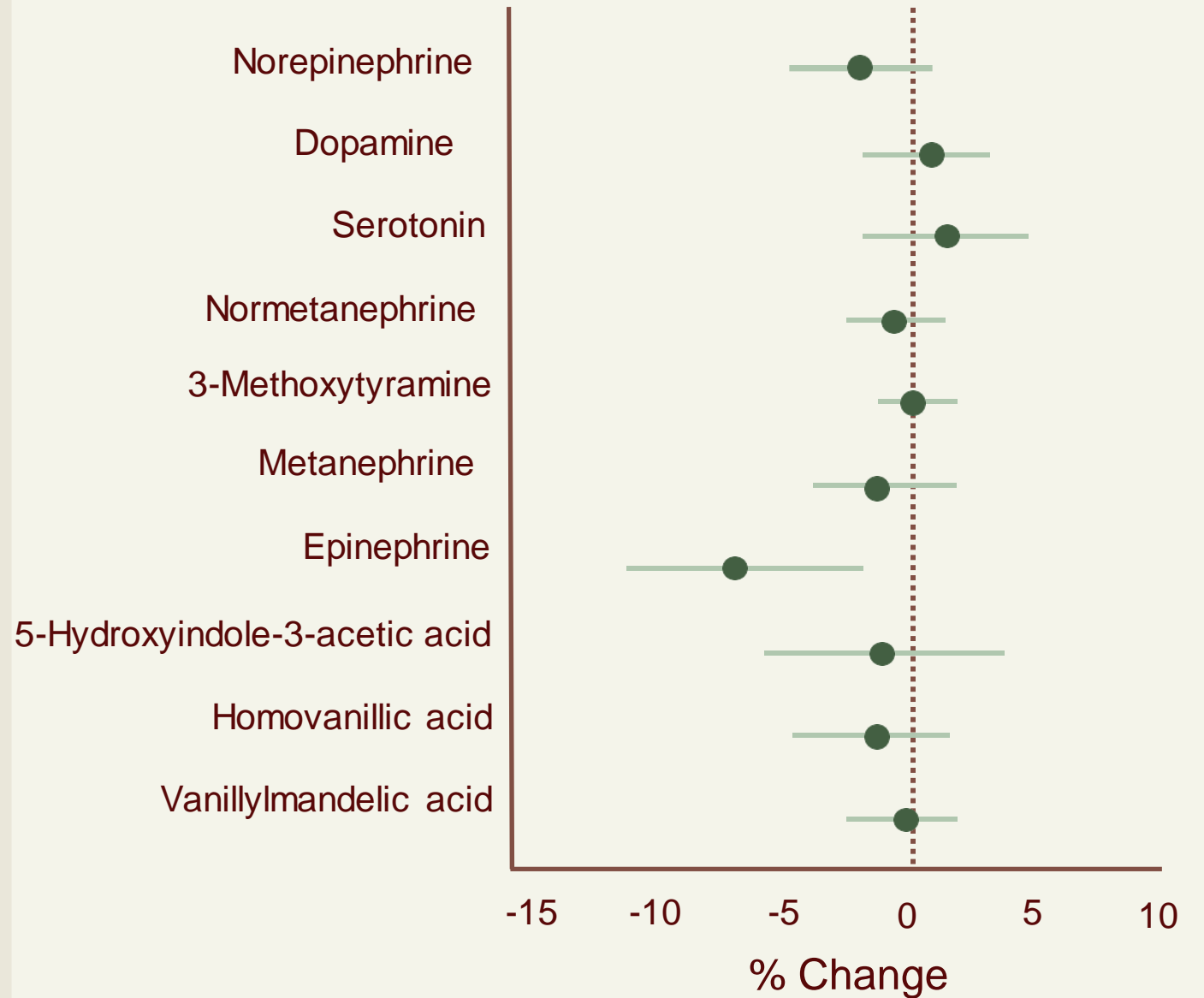
# Residential Proximity to Greenness is associated with lower arterial stiffness

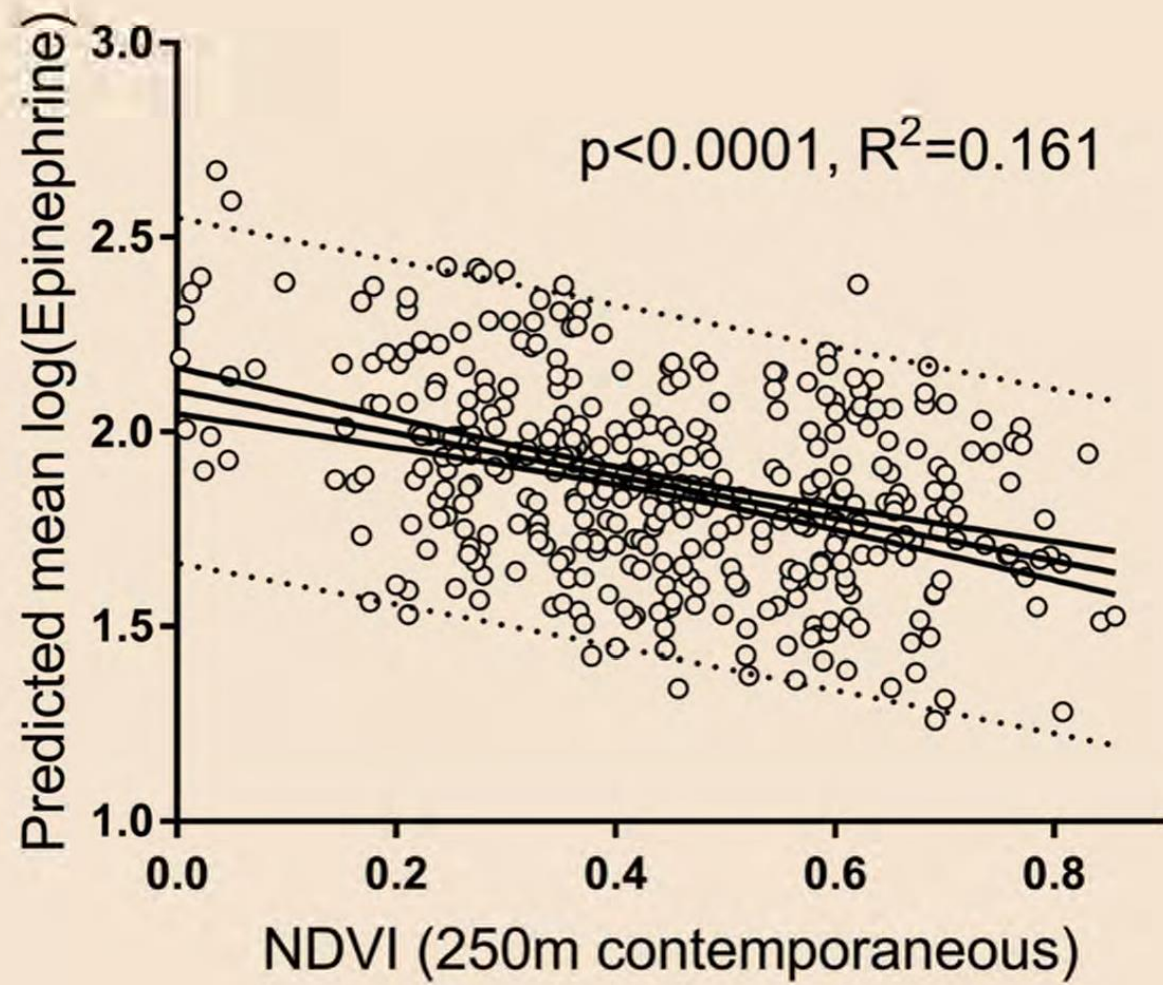


Indices of Arterial Stiffness



# ASSOCIATION OF RESIDENTIAL GREENNESS WITH SYMPATHETIC ACTIVATION







URBAN  
GREENNESS



ENVIRONMENTAL  
MEDIATORS



PHYSIOLOGICAL  
MEDIATORS



CARDIOVASCULAR  
DISEASE  
RISK FACTORS



CARDIOVASCULAR  
DISEASE ↓



Air Pollution ↓  
Light Pollution ↓  
Noise Pollution ↓  
Area Characteristics ↑  
(walkability, neighborhood quality)

Physical Activity ↑  
Pollution Exposure ↓  
Stress ↓  
Sleep ↑  
Immune Challenge ↑  
Social Cohesion / Interactions ↑

Blood Pressure ↓  
Cholesterol ↓  
Insulin Resistance ↓  
Diabetes ↓  
Obesity ↓



GREEN HEART

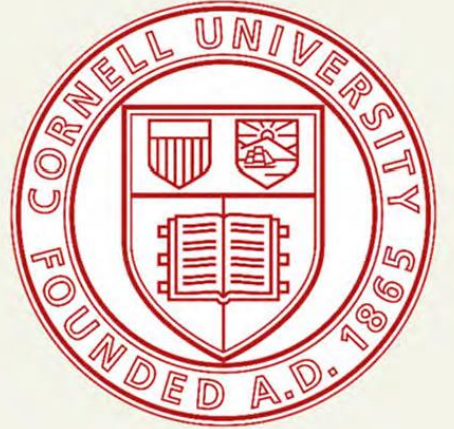
LOUISVILLE



The Nature  
Conservancy 



National Institute of  
Environmental  
Health Sciences



# CENTRAL HYPOTHESIS

Exposure to neighborhood greenery diminishes the risk of cardiovascular disease by decreasing the levels of air pollution



*What will we do?*



# NEIGHBORHOOD GREENING



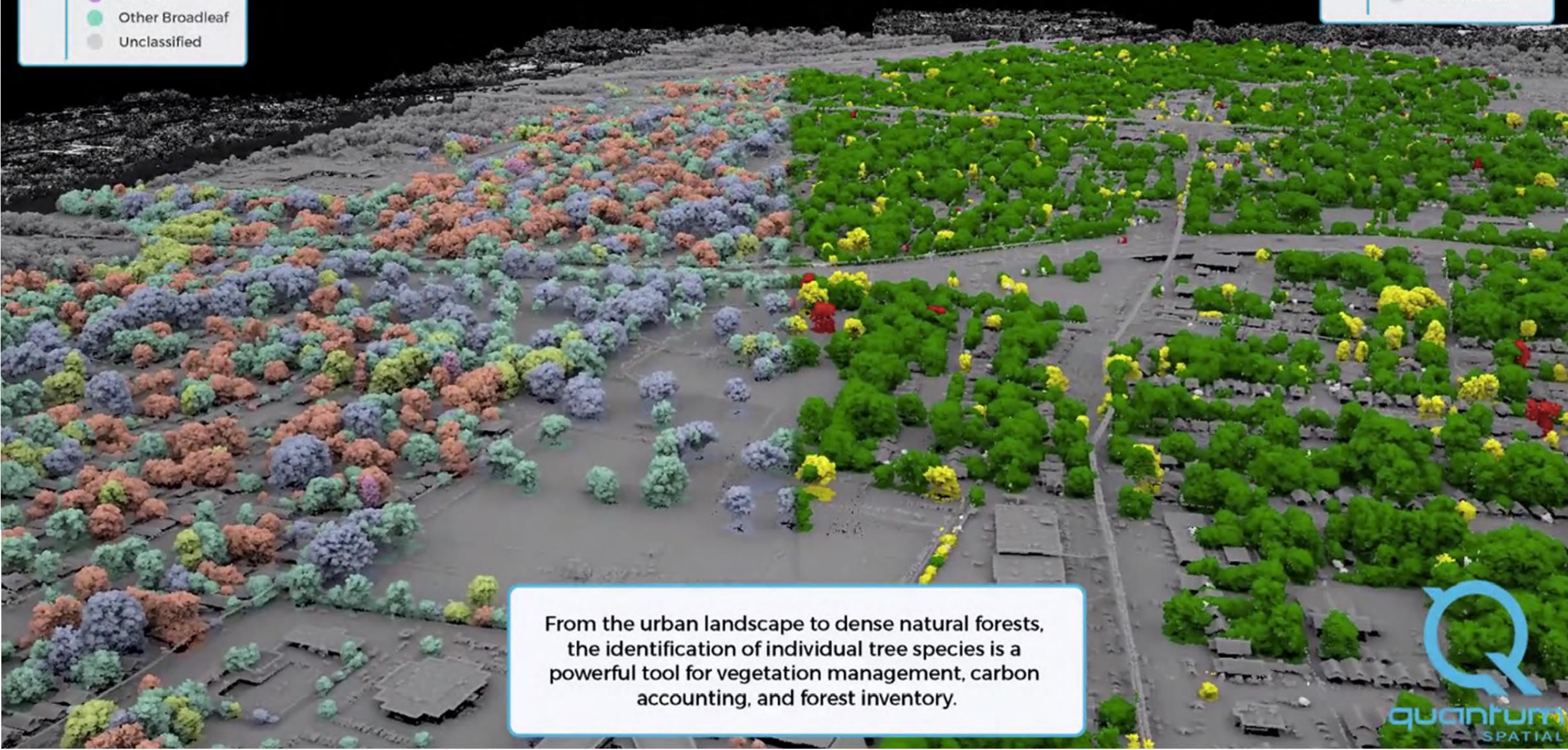


Tree Type

- Ash
- Oak
- Maple
- Conifer
- Other Broadleaf
- Unclassified

Tree Canopy Health

- Very Stressed
- Stressed
- Fair to Healthy
- Not Assessed

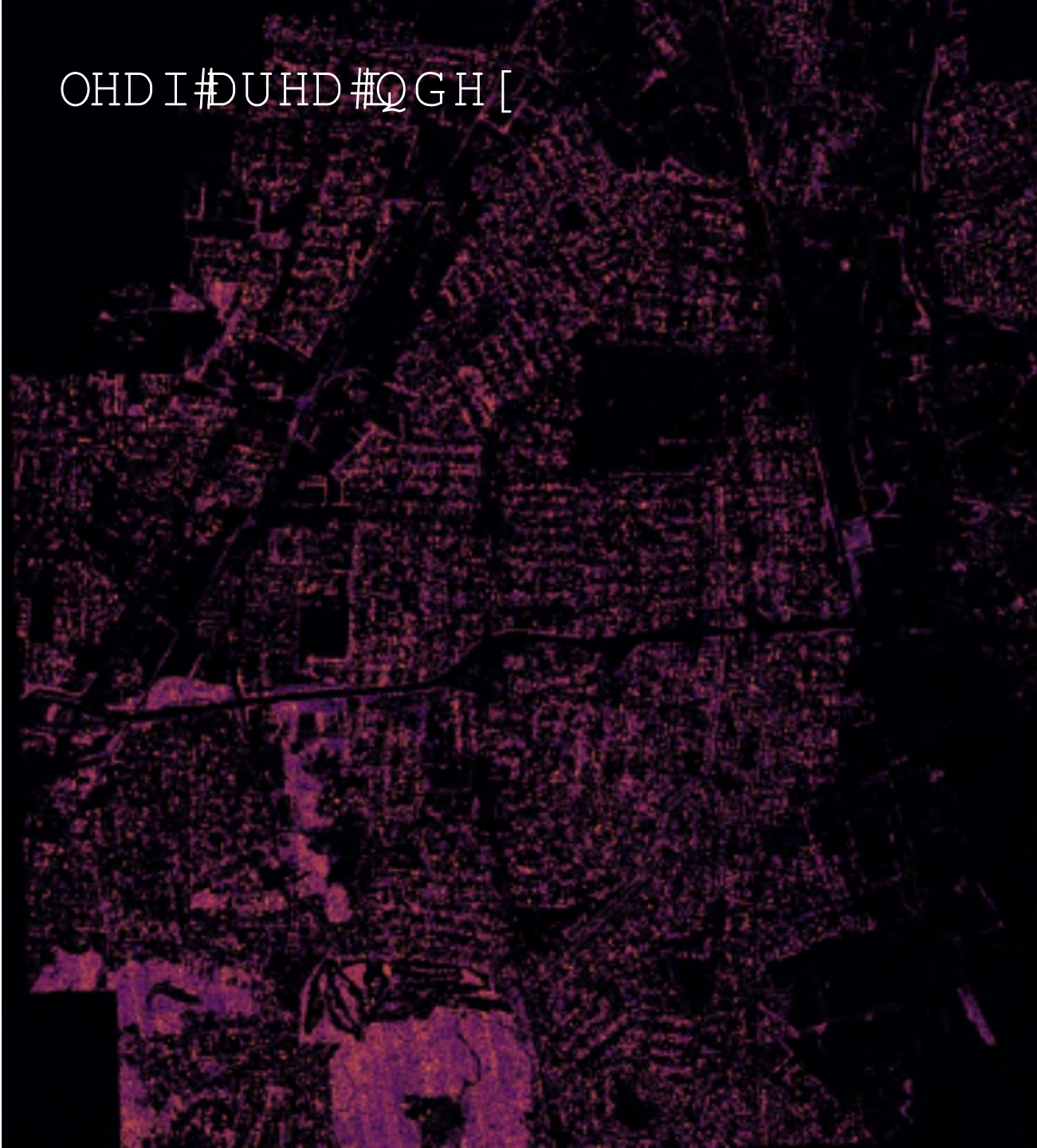


From the urban landscape to dense natural forests, the identification of individual tree species is a powerful tool for vegetation management, carbon accounting, and forest inventory.

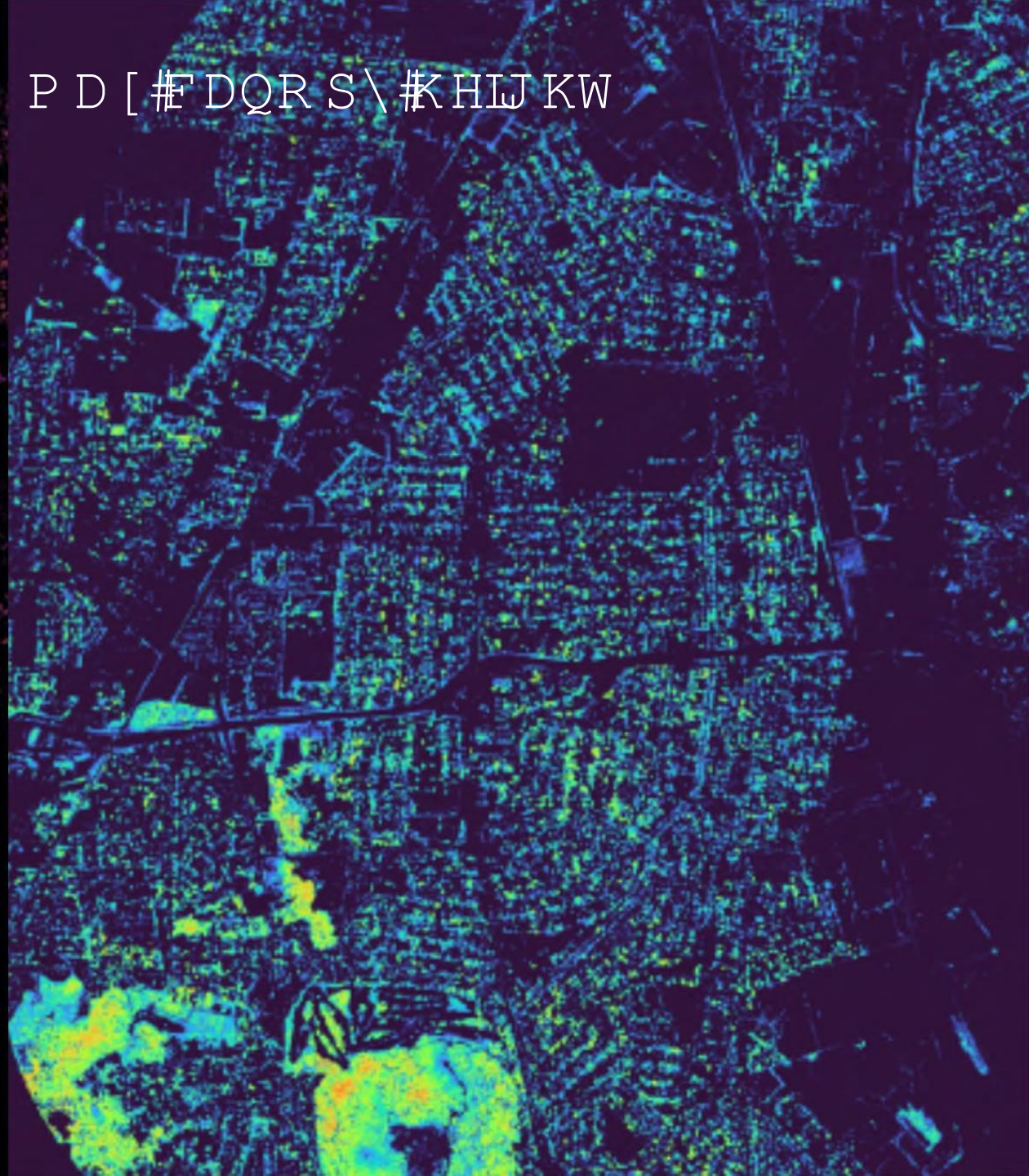




OHD I#DUHD#QGH [

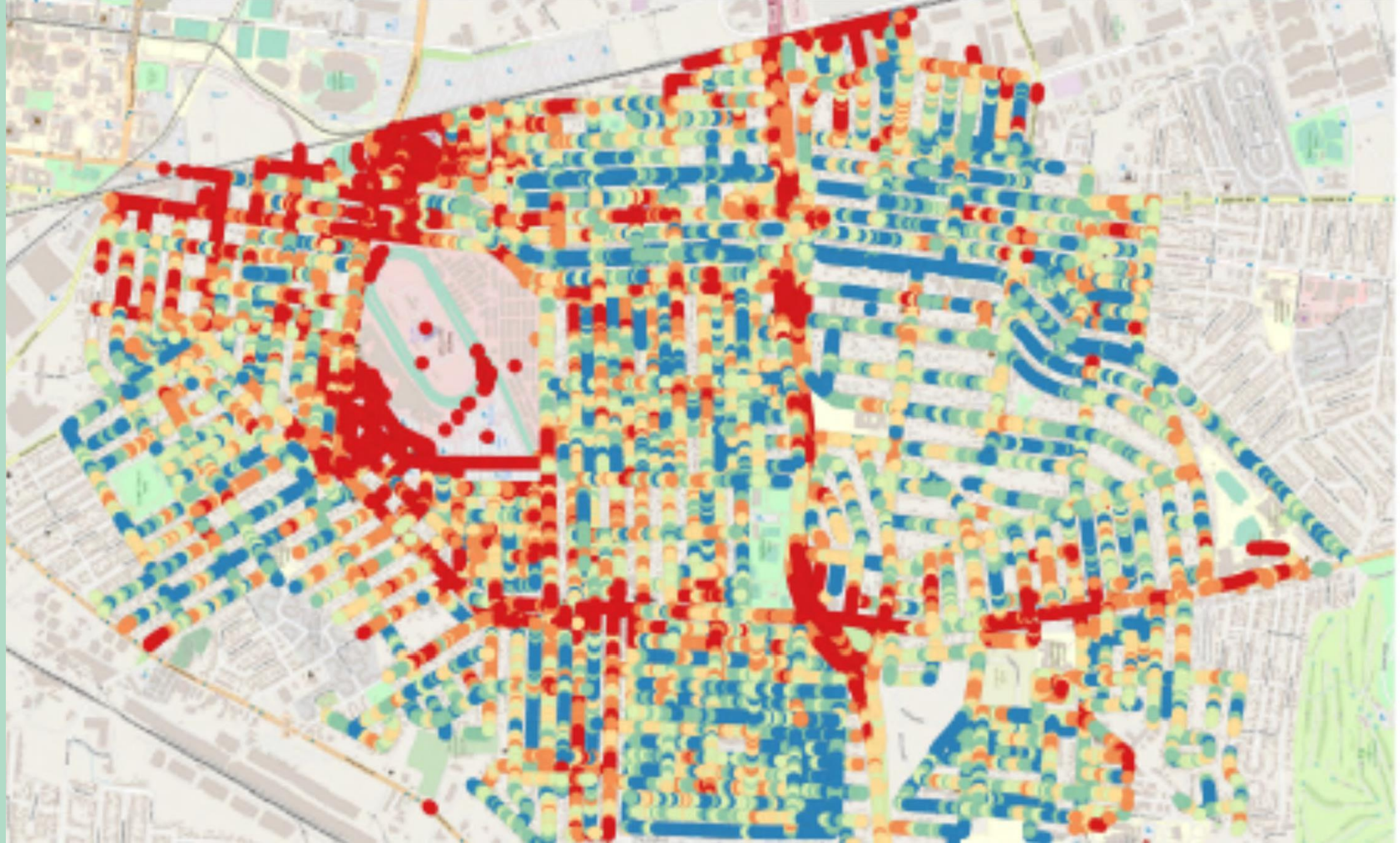


P D [ #F DQR S \ #KHLJ KW



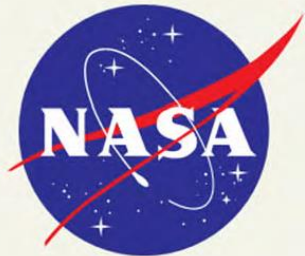
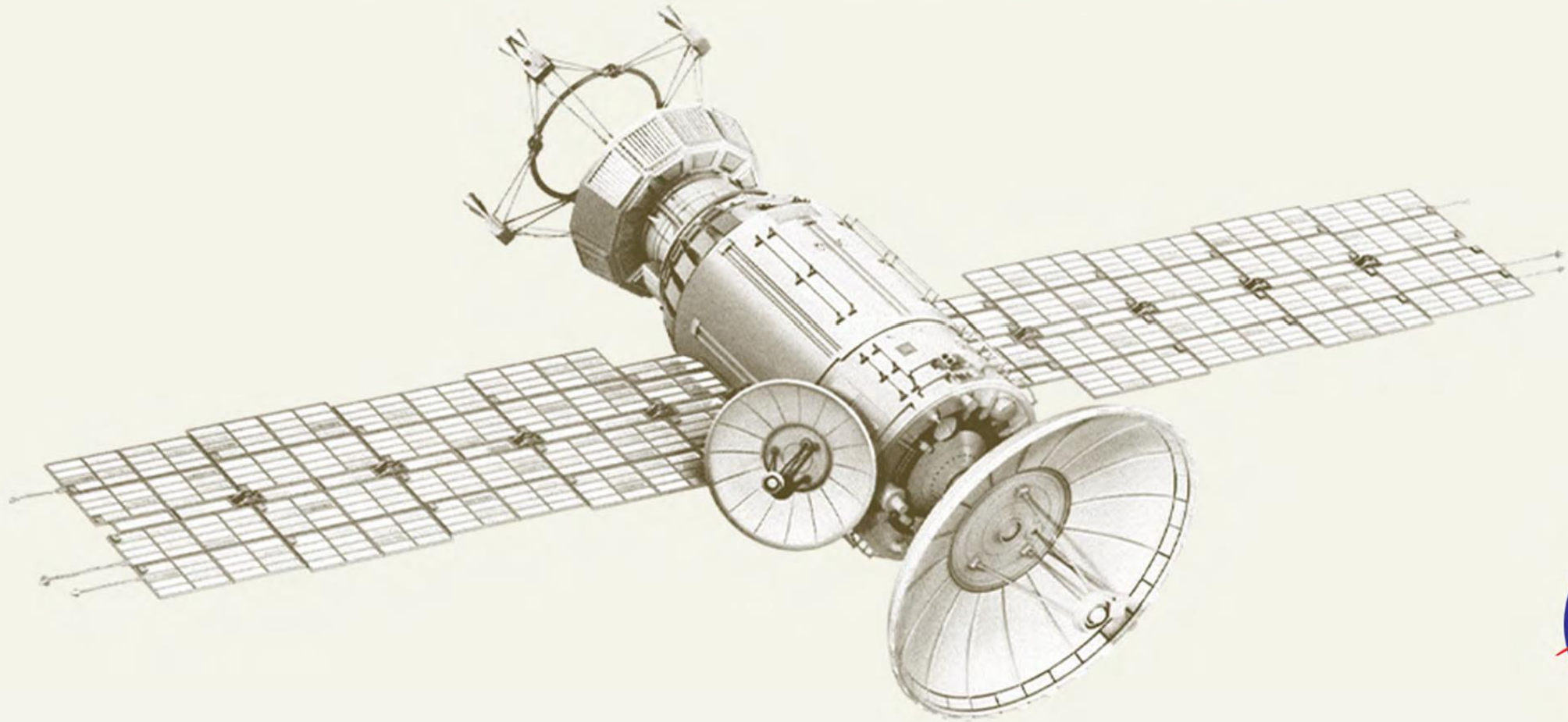


WUHH#YIHZ #QGH [





# AIR POLLUTION AND GREENNESS MEASUREMENTS





# LOCAL AIR POLLUTION MEASUREMENTS







Oakdale

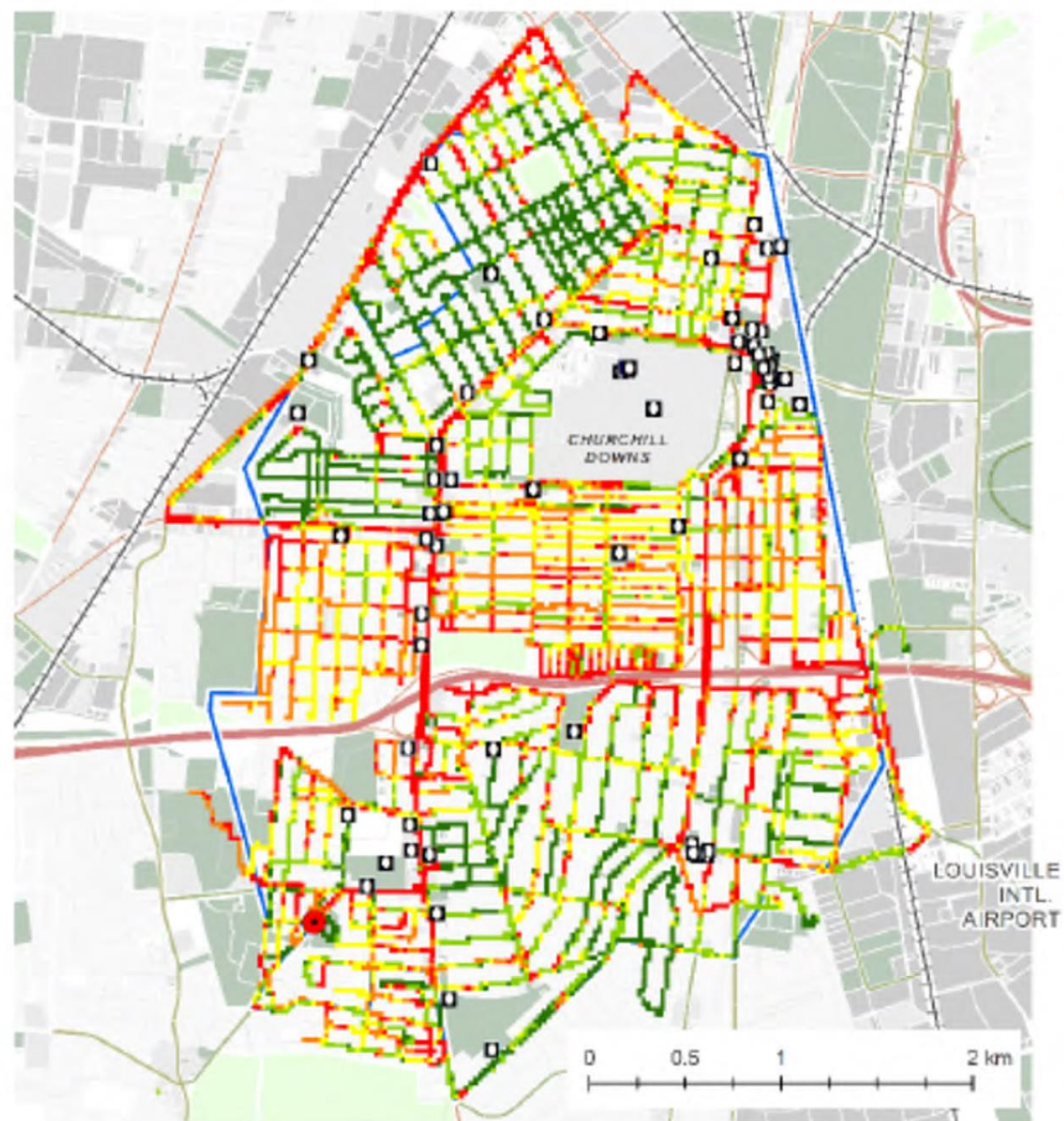
Wilder  
Park

Jacobs  
Addition

Wyandotte  
Park

Wyandotte  
Park





**UFP (#/cc)**  
**30-m median**  
 Q1 (1,800 - 4,600)  
 Q2 (4,600-6,500)  
 Q3 (6,500 - 8200)  
 Q4 (8,200 - 11,000)  
 11,000 - 100,450

Study Area (12 km<sup>2</sup>)  
 Stationary site  
 Restaurants  
 Railroad

**Street type**  
 Expressway  
 Interstate ramp  
 Major arterial  
 Primary collector  
 Minor arterial  
 Local

**Land use**  
 Residential  
 Commercial  
 Industrial  
 Parks/open space  
 Public space







# CARDIOVASCULAR EXAM

Blood Pressure, Lipids, Obesity and Diabetes  
Cardiovascular disease risk, biomarkers of cardiovascular injury



# PSYCHOSOCIAL EVALUATION





# TRANSPLANT LARGE TREES



**PBS**   
**NEWS  
HOUR**



WHY TIME KEEPS ON SLIPPING p. 18



# DISCOVER

SCIENCE THAT MATTERS

MAY 2014

## SAVE THE EARTH!

### A HOW-TO GUIDE

- WHAT YOU CAN DO (THAT REALLY WORKS) p. 28
- CAN TREES IMPROVE HEART HEALTH? p. 30
- INSIDE AMERICA'S SECRET WATER SOURCE p. 38
- WHY HUMANS NEED NATURE p. 44

BONUS ONLINE CONTENT CODE p. 3

PLUS ALIENS AND OUR ECOSYSTEM p. 108











EXIT 9  
Hospital  
NEXT RIGHT

STERNBERG  
TRUCKS, TRAILERS & SERVICE

2011  
BMW  
328i





CT 332

DEERE















## HOW PLANTS CAPTURE PARTICULATE MATTER (PM)

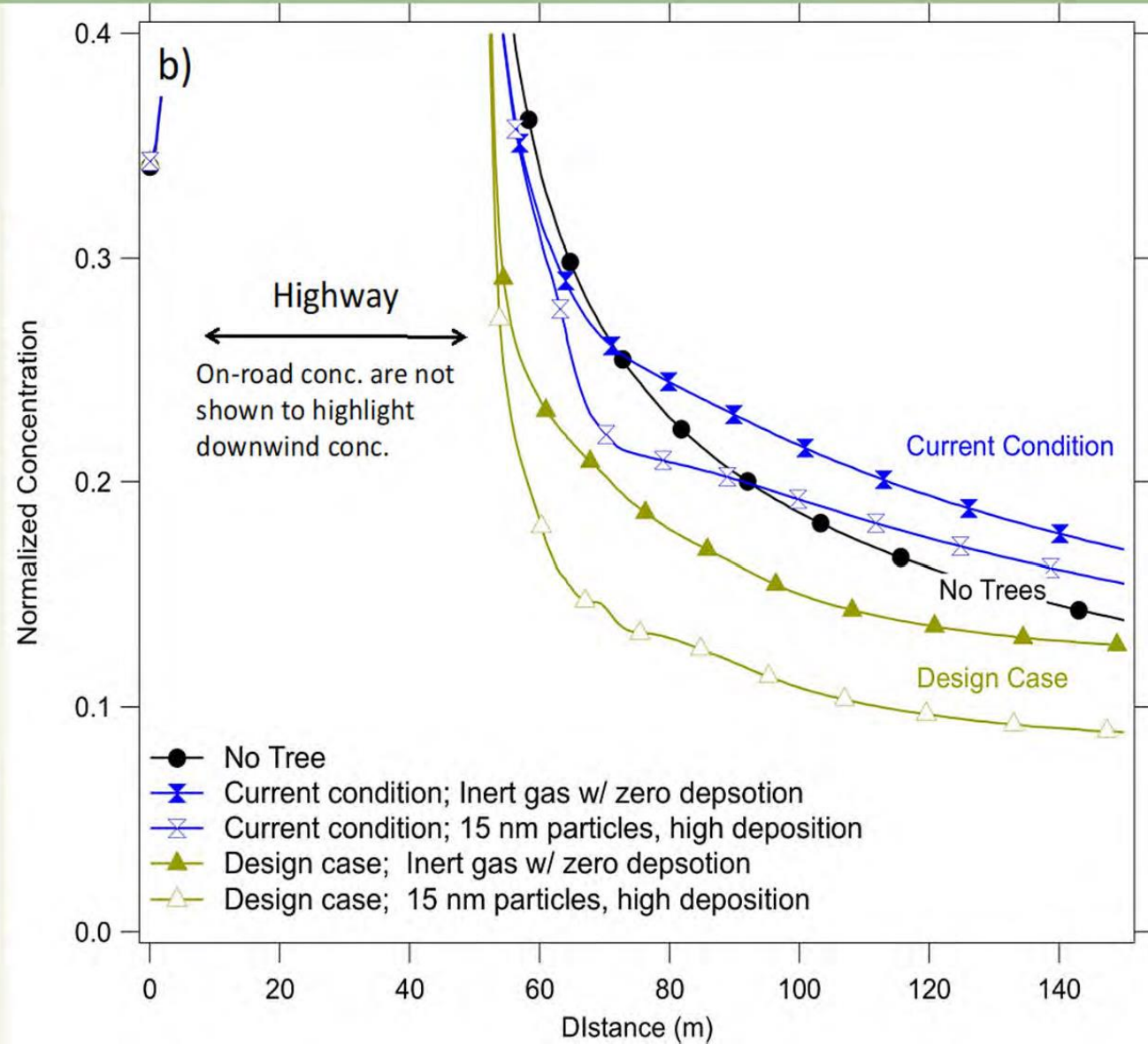
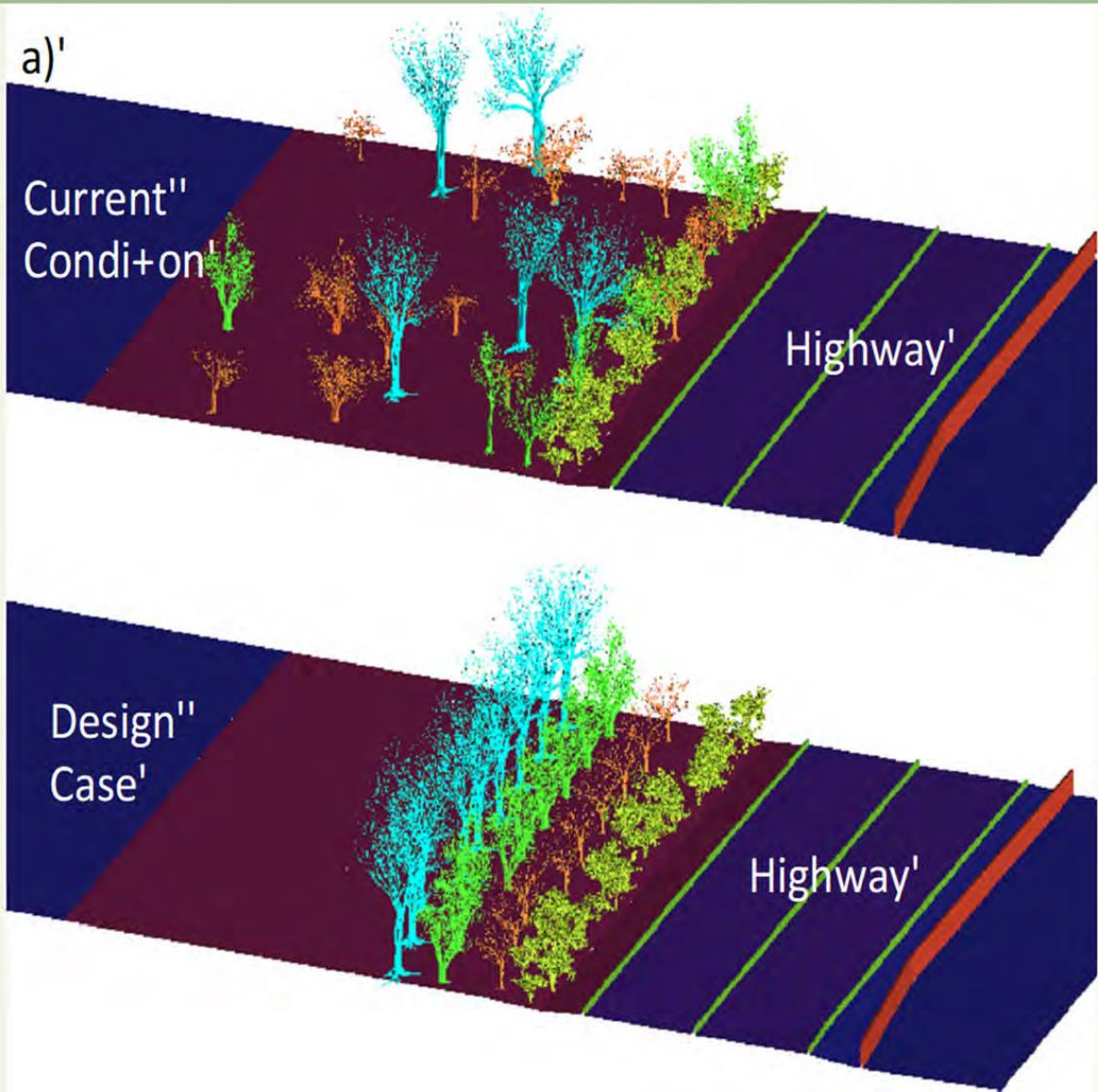


Vegetated barriers are most effective if planted close to the pollution source in highly polluted areas.





# DESIGNING BUFFERS



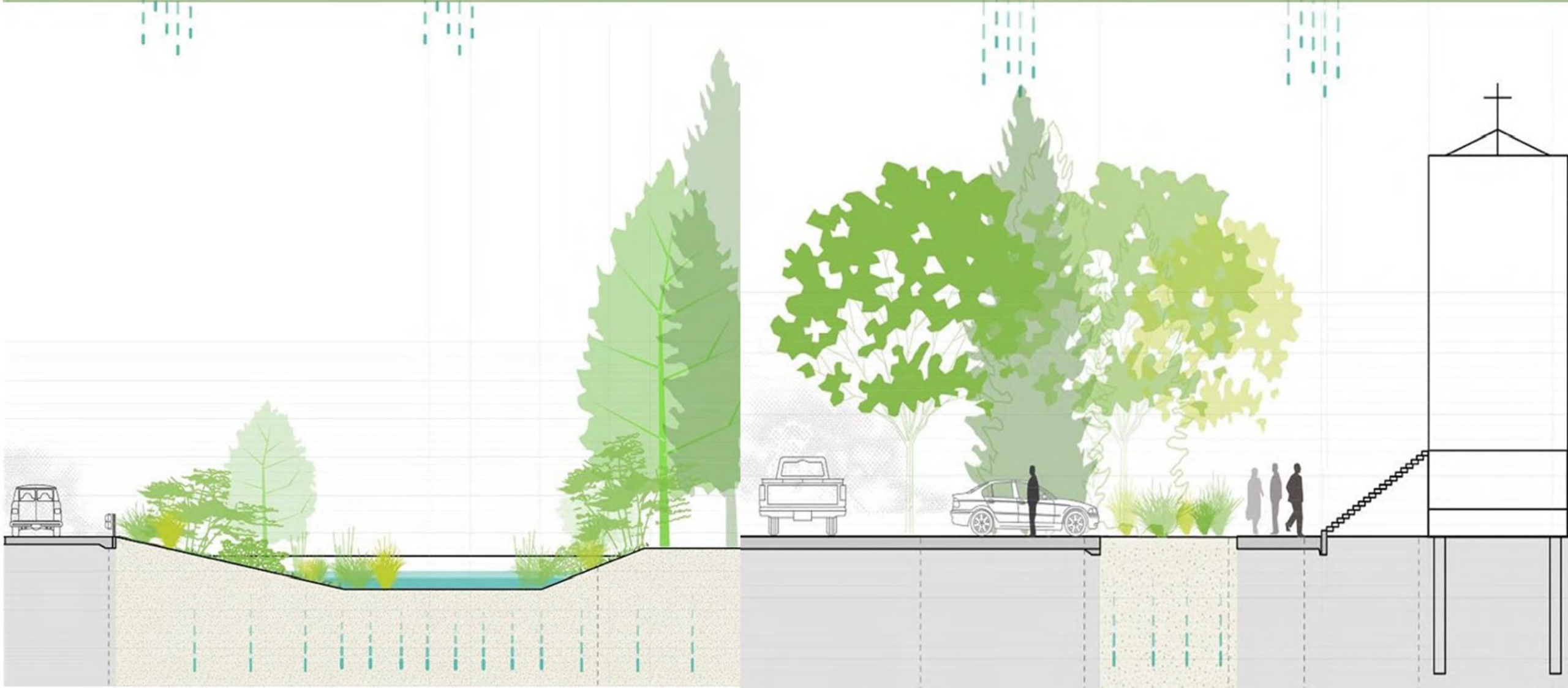


# ROADSIDE BUFFERS



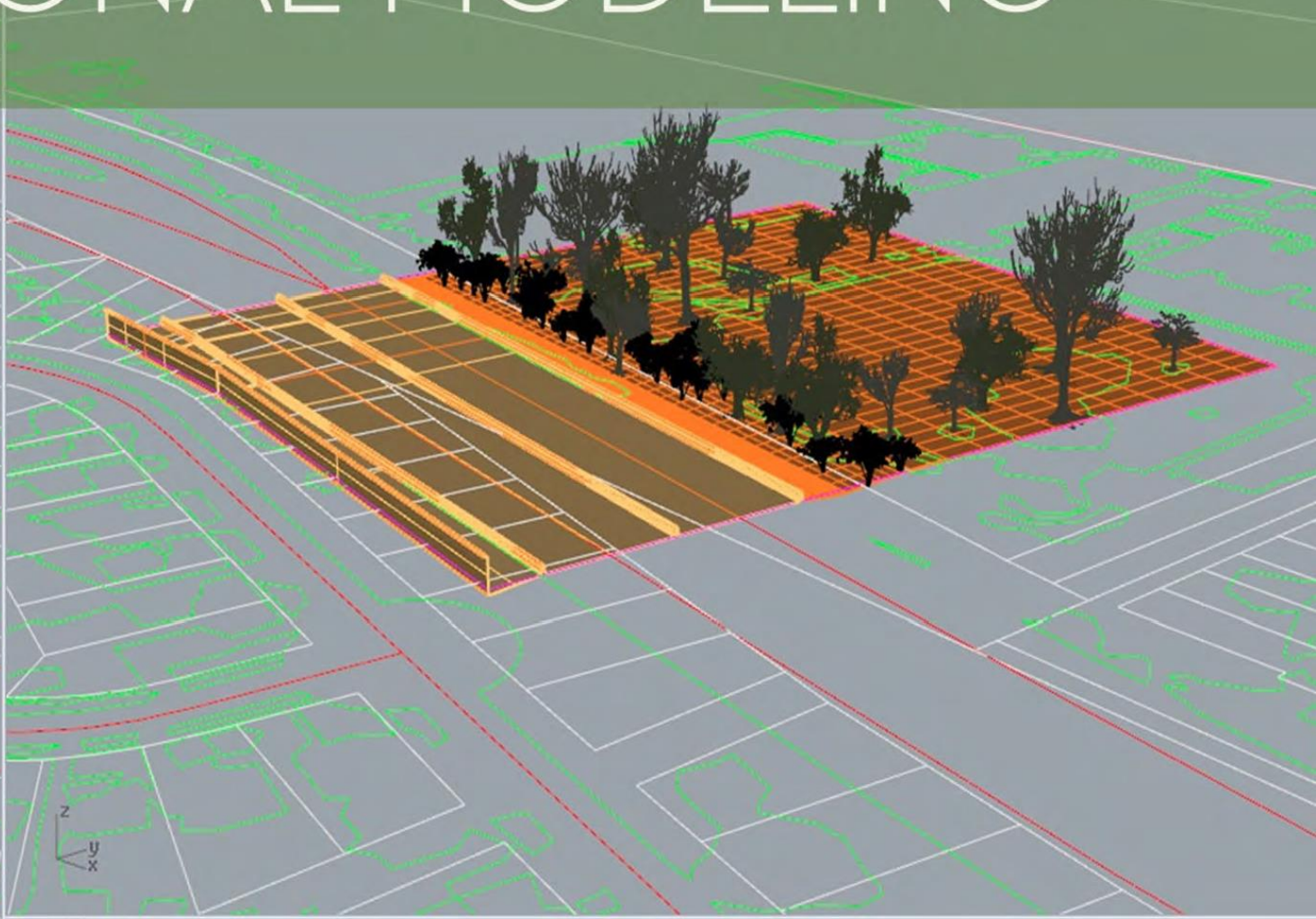
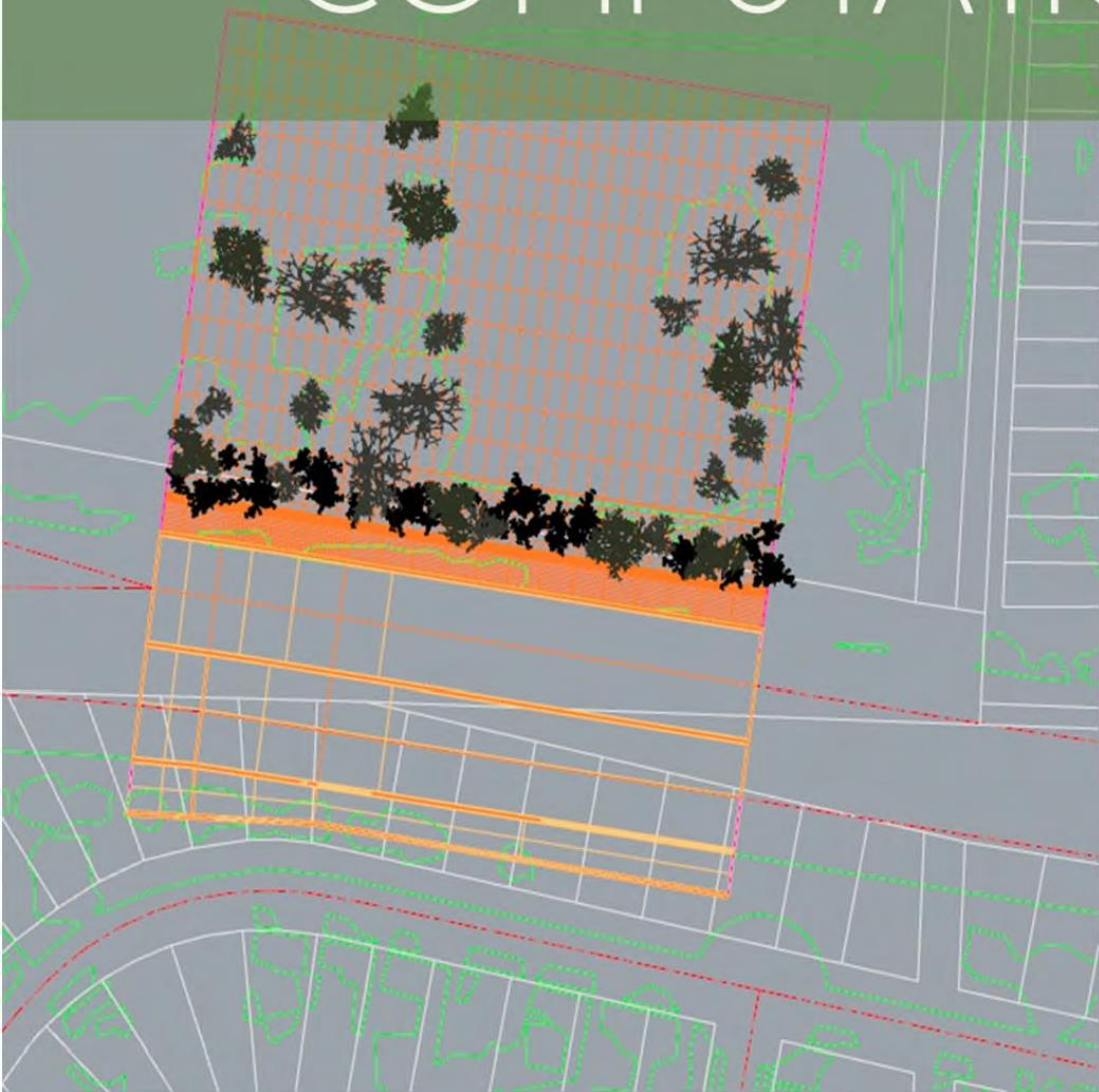


# NEIGHBORHOOD PLANTING

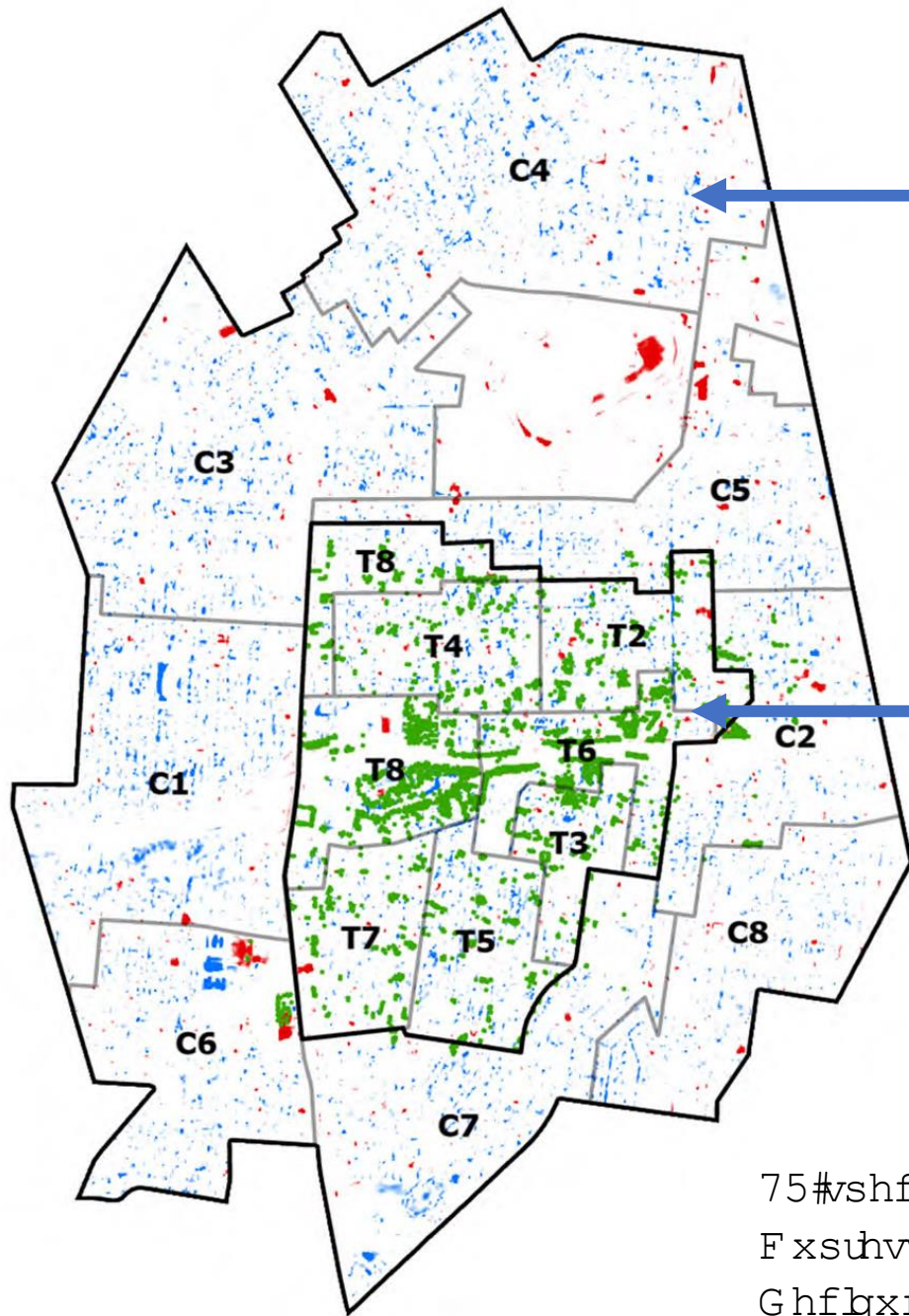




# COMPUTATIONAL MODELING







F #E'  $\alpha$ whw#, 53/#47;##Whhv

W #E'  $\alpha$ whw#, 9/43;##Whhv

.##;/758#Hyhujuhq#Whhv  
 963#Ghflgxrrxv#Whhv

75#vshflhv#r#hyhujuhq#uhhv#urp #glihugw#dp lhv#Slqdfhdh/#  
 Fxsuhvdfhdh/#ud{dfhdh/#Dtxlirddfhdh/#Pdjqrddfhdh,  
 Ghflgxrrxv#, grjz rrg/#rdn/#huylfheh **u**I



# *What will we learn?*

How to plant trees in urban locations to maximize the removal of air pollutants

How neighborhood greenness affects health

Do greenspaces reduce mental stress and increase social cohesion

Do trees in a neighborhood affect crime rates, property values, storm water runoff, energy use and heat islands in the city



WU DJ HU #

P IF UR IR UH VW





Downtown  
Louisville

Trager  
MicroForest  
Project

RIVER CITY BANK

MANHATTAN  
GRILL

ONE  
WAY  
→

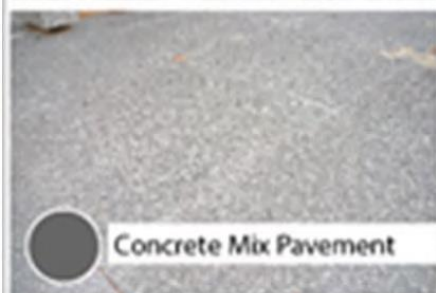
MANHATTAN GRILL

429  
July 88





Lawn



Concrete Mix Pavement



Concrete Pavers



Granite Benches





# Site Plan

This site plan looks to maximize: nature within the urban realm; vibrancy of place; and public interaction with people and nature. The plan provides a central boardwalk that surrounds a Miyawaki Forest located within the center of the site. The MicroForest has three entrance points to manage and control access into the site. These entrances vary from a portal, to an active plaza, to a potential pop-up structure. The site's street facing edges enhance the urban experience by providing seat walls, lighting and a forest experience along city sidewalks. Key elements on the site include:

- A portal entrance
- Central boardwalk
- Miyawaki Forest
- Educational Signage
- Pop-up Structure with an outdoor courtyard
- Bioswale bumpout areas to enhance the urban edge





# Pop-Up Structure and Streetscape

at Muhammad Ali BLVD and Armory PL



Custom Seatwall

Courtyard/Outdoor Classroom

Forest Edge

Bioswale

Pop-up lab/classroom/  
retail structure

Bike share

Improved Sidewalks



# Portal Entrance

at Muhammad Ali BLVD and 5th Street



Portal Entrance

Miyawaki Forest

Bright Edge

Custom Seatwall

Boardwalk

Entry Signage

Bioswale

Improved Sidewalks



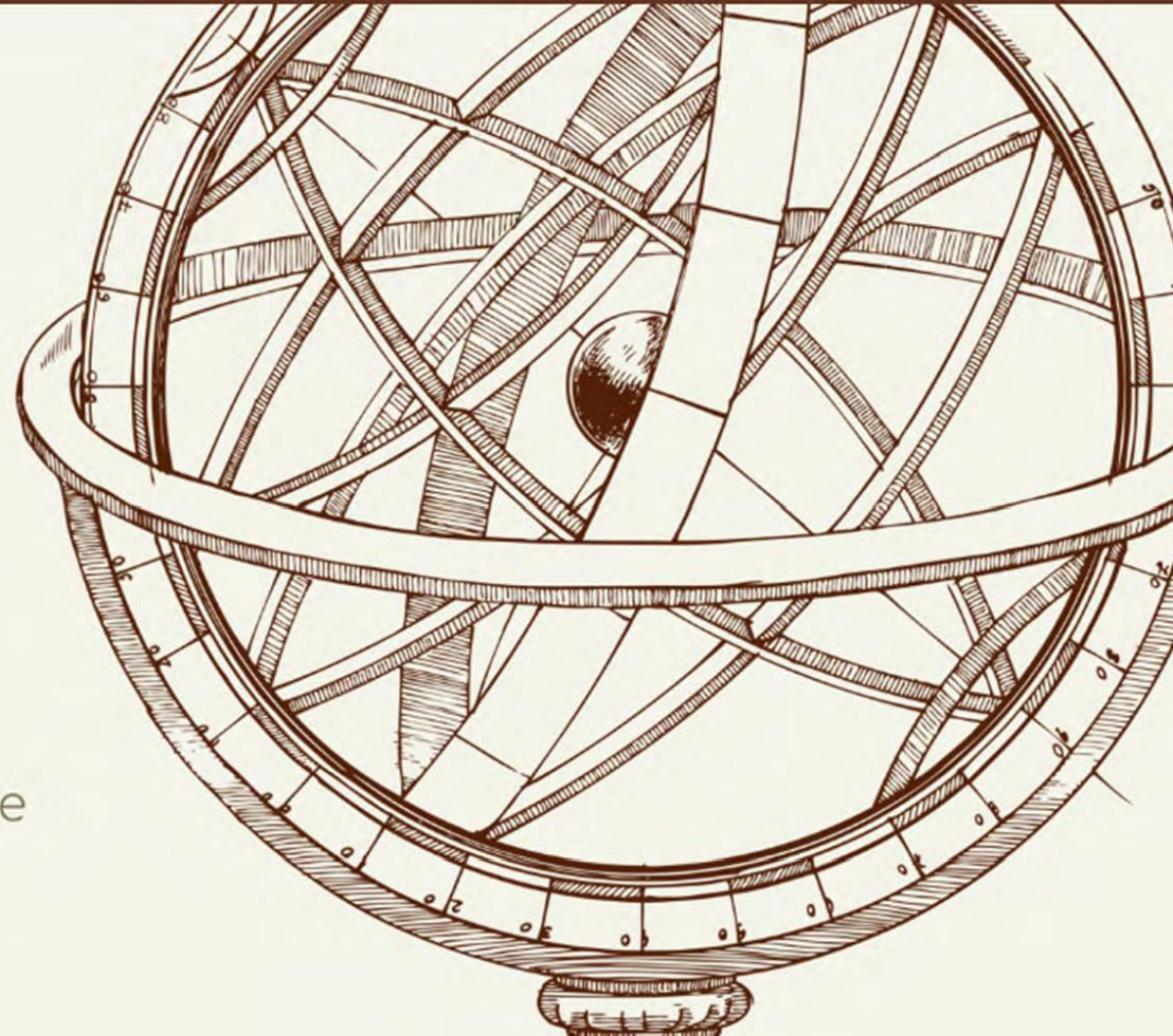
# Creating Healthier Cities of Tomorrow

New ways to prevent heart disease

New way to decrease air pollution

Development of new urban policies, guidelines  
building codes

A new model of healthy urban living that could be  
replicated world wide





# WELCOME

**2nd**  
**World  
Forum on  
Urban  
Forests**

**2023**



**World Forum on  
Urban Forests**





**Ming Kuo**

University of Illinois



**World Forum on  
Urban Forests**



# WELCOME

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**2023**



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