



World Forum on  
Urban Forests  
Mantova 2018

*Green Care FOREST*  
*PS 5.1 Changing people*

# Green Care FOREST

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# Overview

- Austrian Research Centre for Forests
- What is Green Care FOREST?
- Examples
- Potential for Urban Forests

# Austrian Research Centre for Forests



## 6 Departements

- Forest Growth and Silviculture
- Forest Genetics
- Forest Ecology and Soils
- Forest Protection
- Forest Inventory
- Natural Hazards



**Social Dimension:  
Project  
Green Care FOREST**

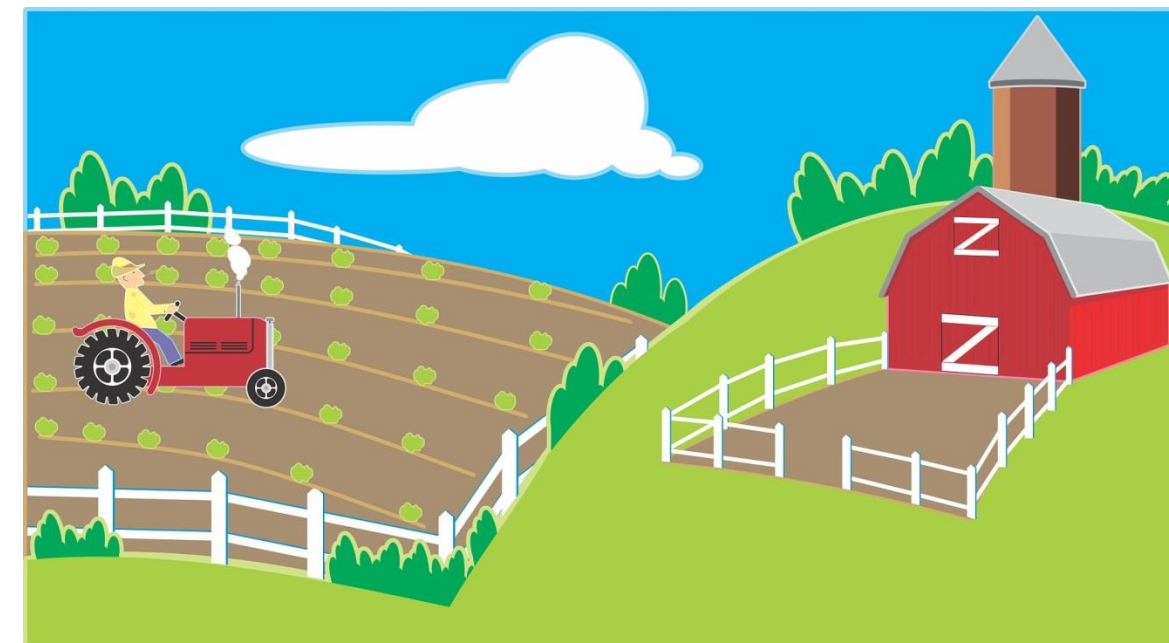
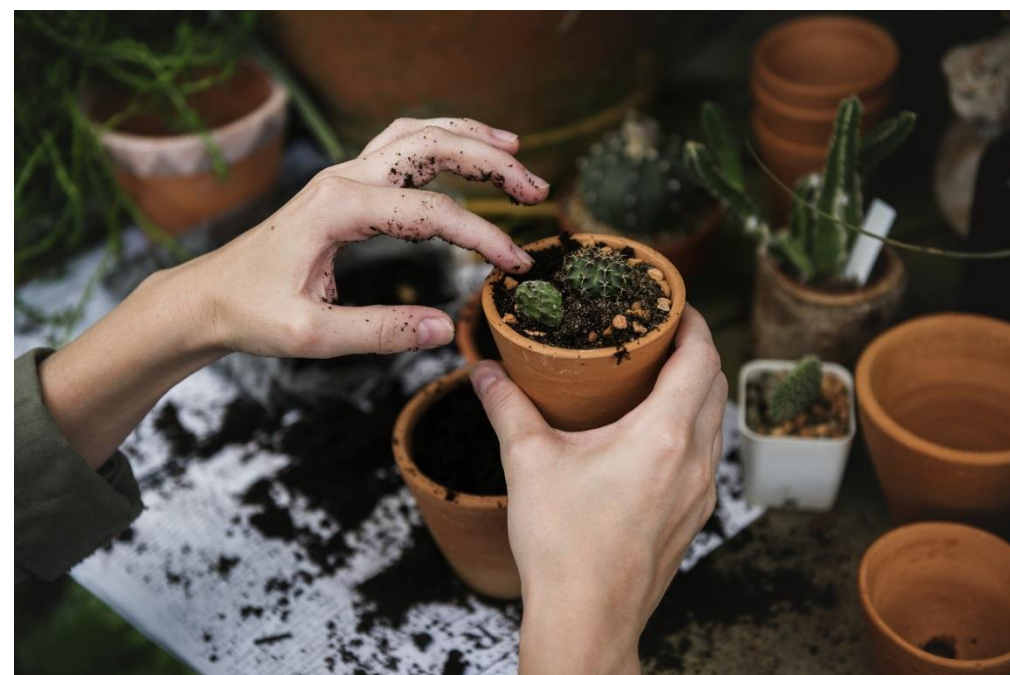


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# Green Care?

Targeted activities and interactions  
between  
people, nature and animals

**maintain-foster-improve HEALTH**





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# Green Care FOREST?

Targeted activities  
and interactions  
*in the forest and  
with the forest as active partner*





# Focus areas

- Education
- Work
- Well-being
- Provision, Therapy



**HEALTH**



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# Education



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Green Care WALD Bildungsunterlage  
**Den Wald wiederentdecken**  
Lernen und Bildung im Alter



Forests as place for life-long learning,  
social interaction, health promotion and well-being



# Employment



Forest as place for work integration,  
job training, health promotion and well-being





# Therapy



Forest as place for projection of feelings, to obtain self-confidence and body consciousness,...



# Potential for Urban Forests

- Green Care FOREST as feasible solution for personal and societal challenges
- Urban Forests as place for health provision and therapy
- Cross-sectoral cooperation