

Comprehensive evaluation on healthcare function of the typical recreational forests of Huishan national forest park in East China

Drs. Lin GU, Cheng WANG, *et al.*

Research Institute of Forestry, Chinese Academy of Forestry

Urban Forest Research Center, National Forestry and Grassland Administration of China



Background

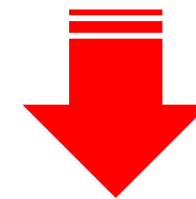
Urbanization



Pollution

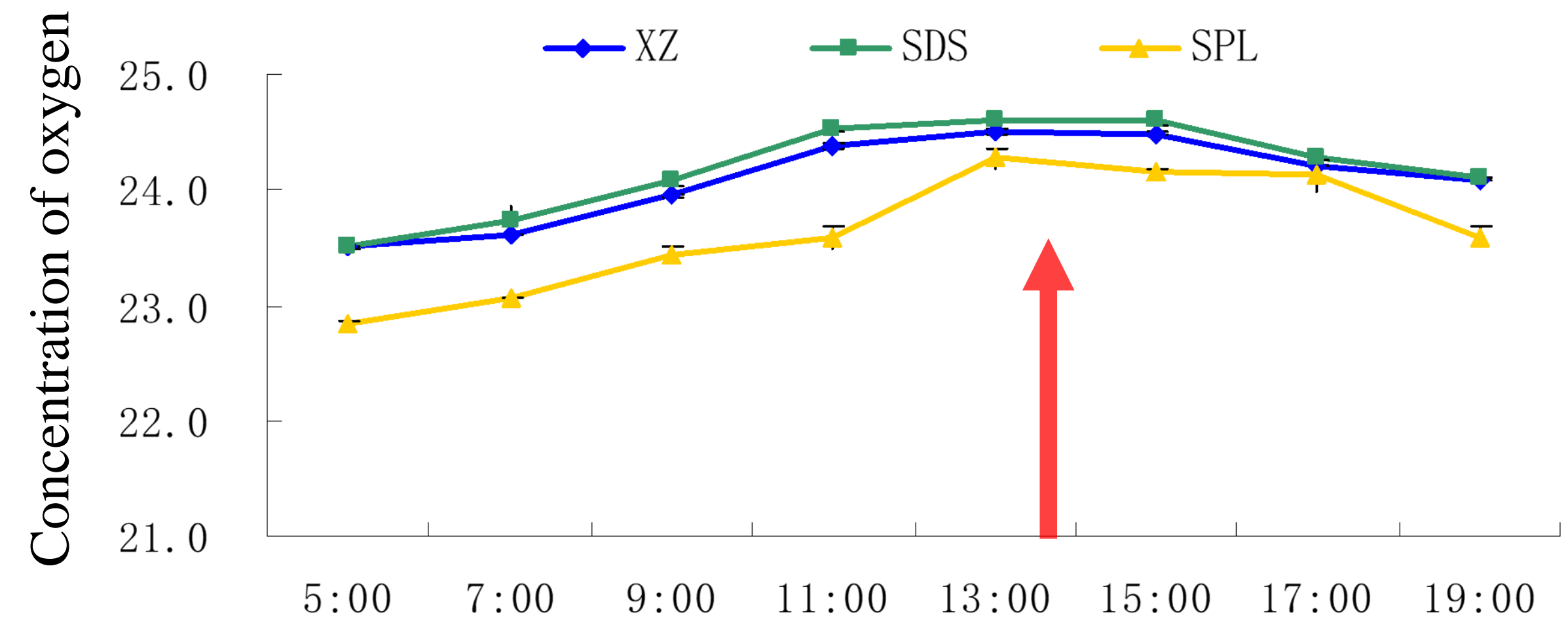
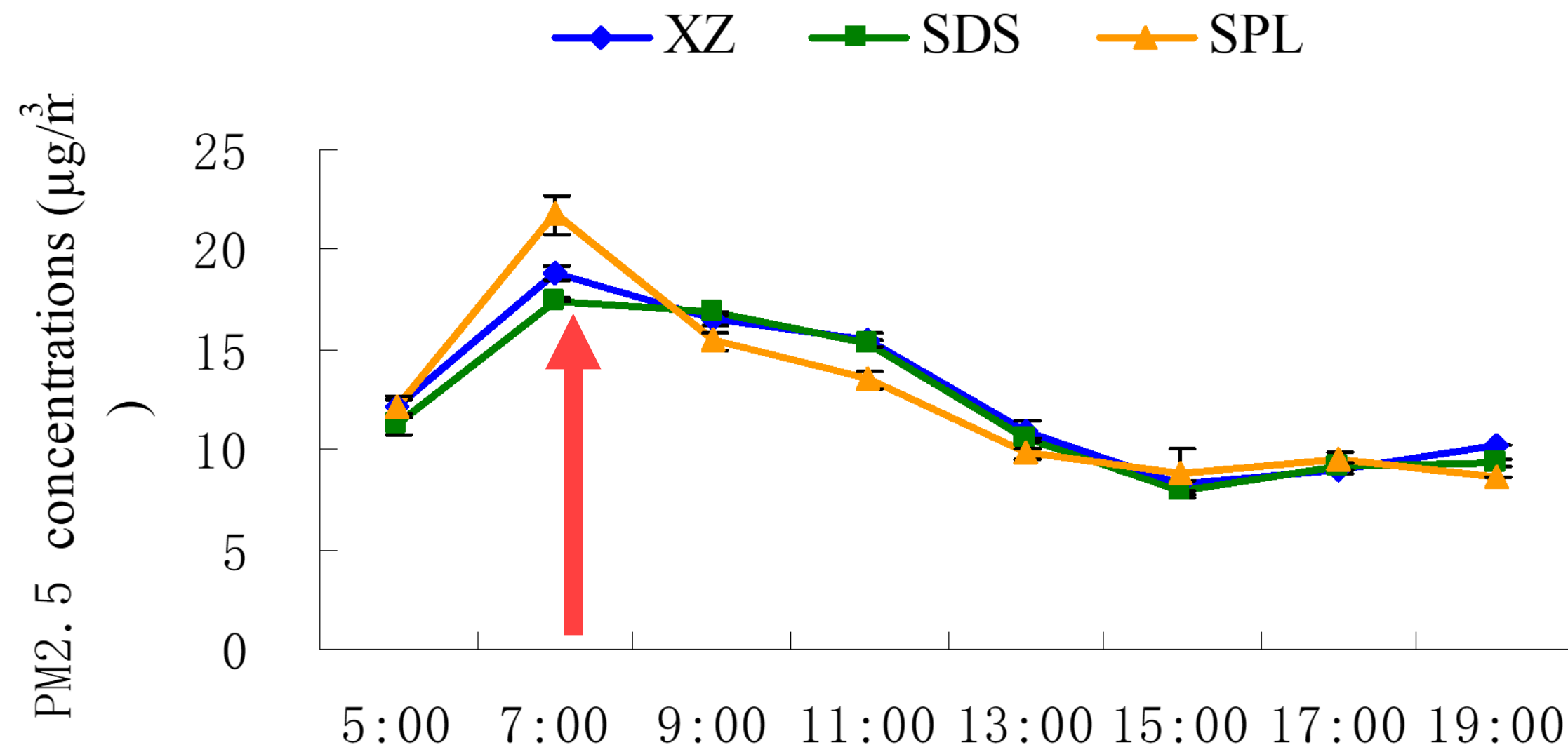
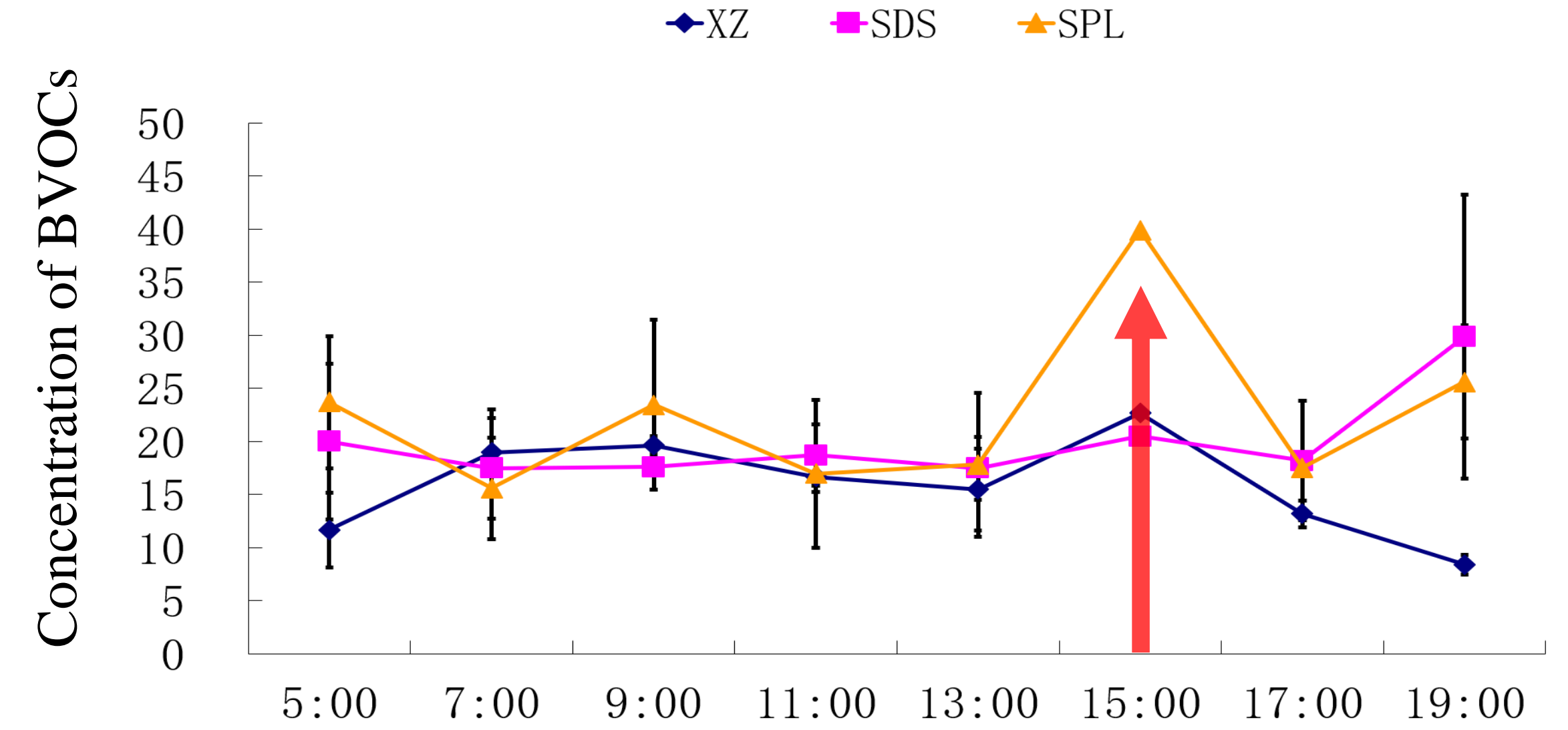
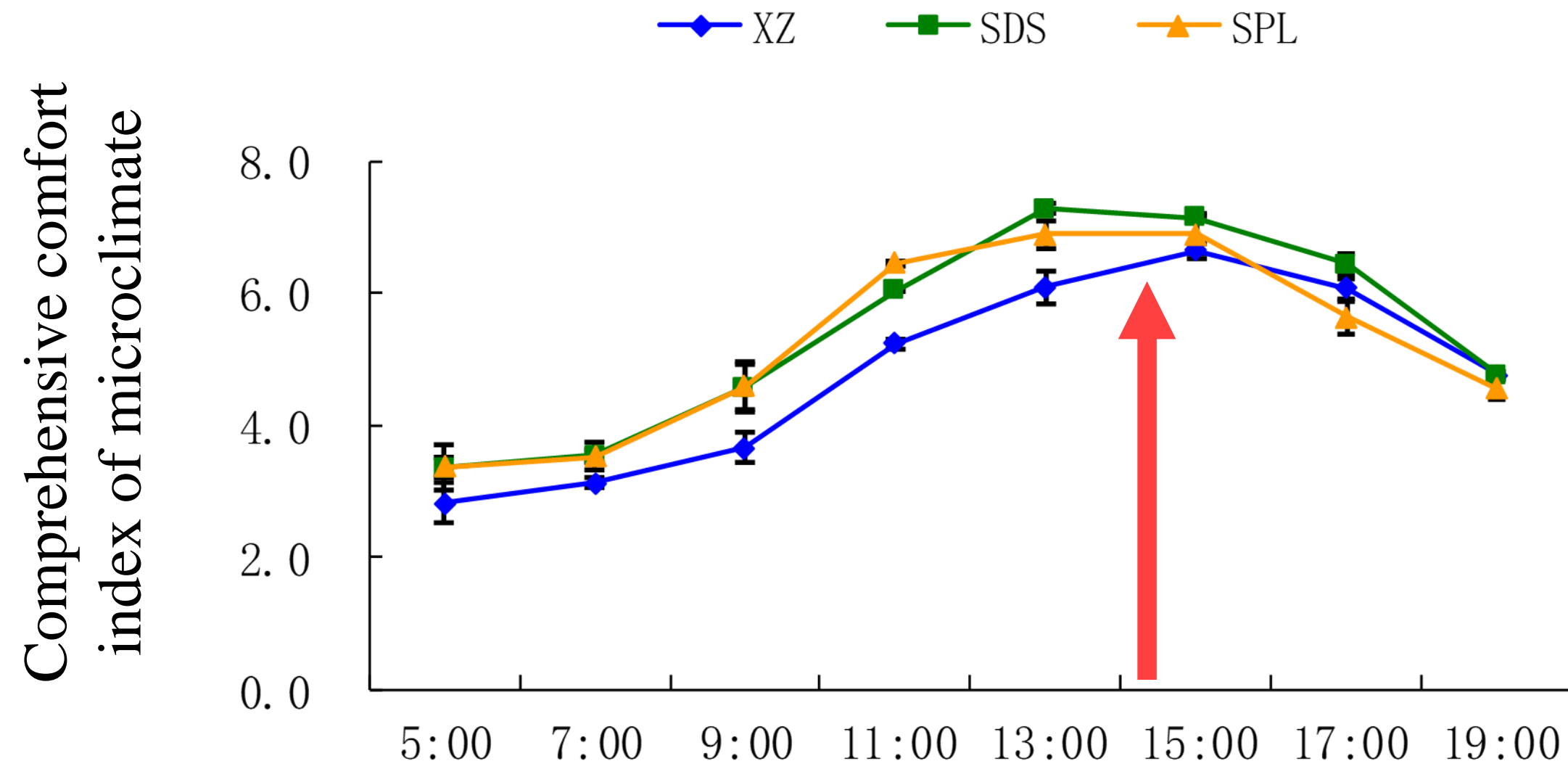


Pressure





Take an example- in Summer





Objective

- Air Healthcare Comprehensive Index (AHCI) of the recreational forests was established.
- Provide guidance for the development of recreational forest health function in Huishan park and even the southeast regions of China.
- Provide reference for local citizens to choose the befitting time and clothing to carry out forest recreational activities.



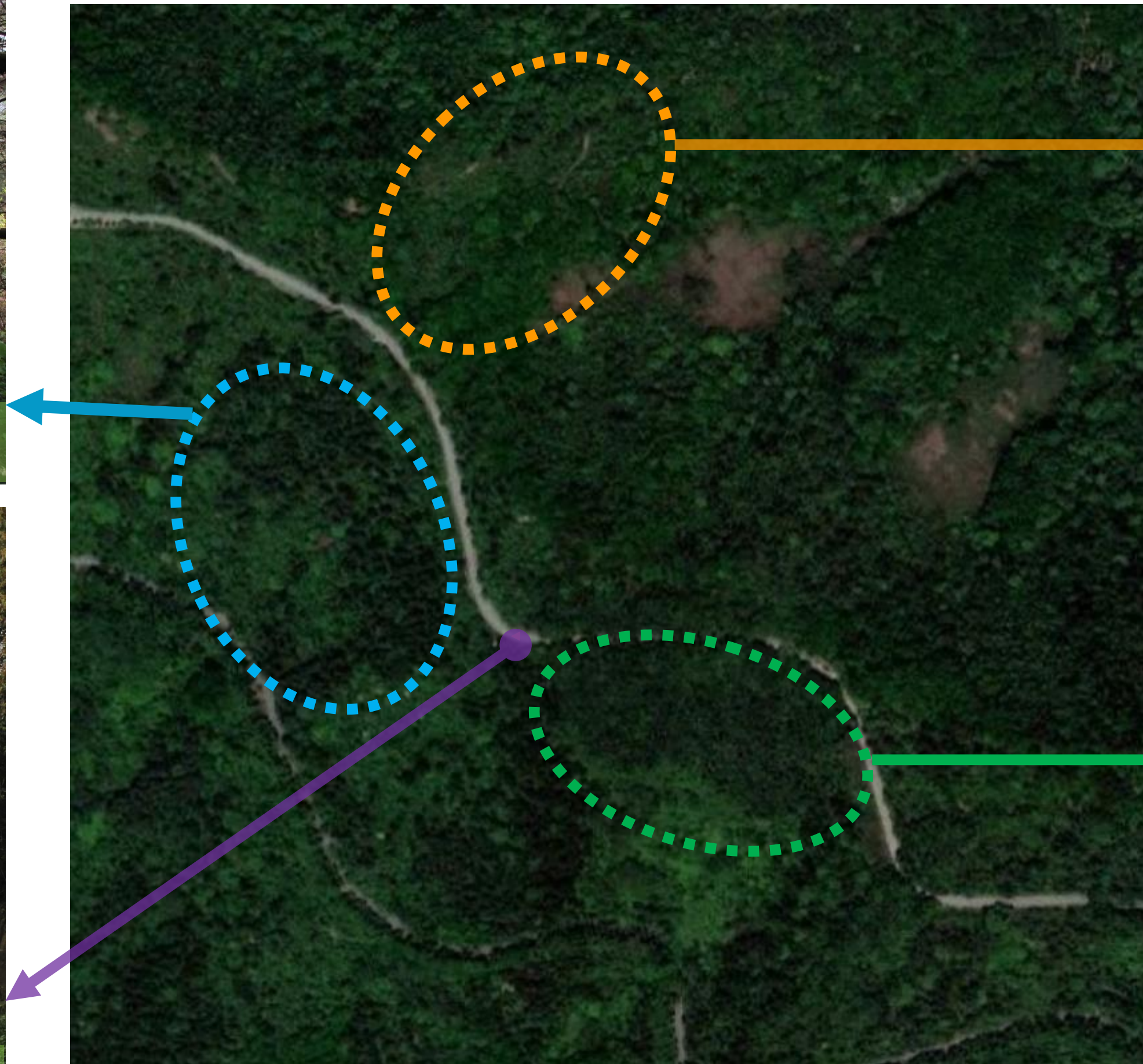
**World Forum on
Urban Forests**
Mantova 2018

Experiment site





Forest plots



What to monitor



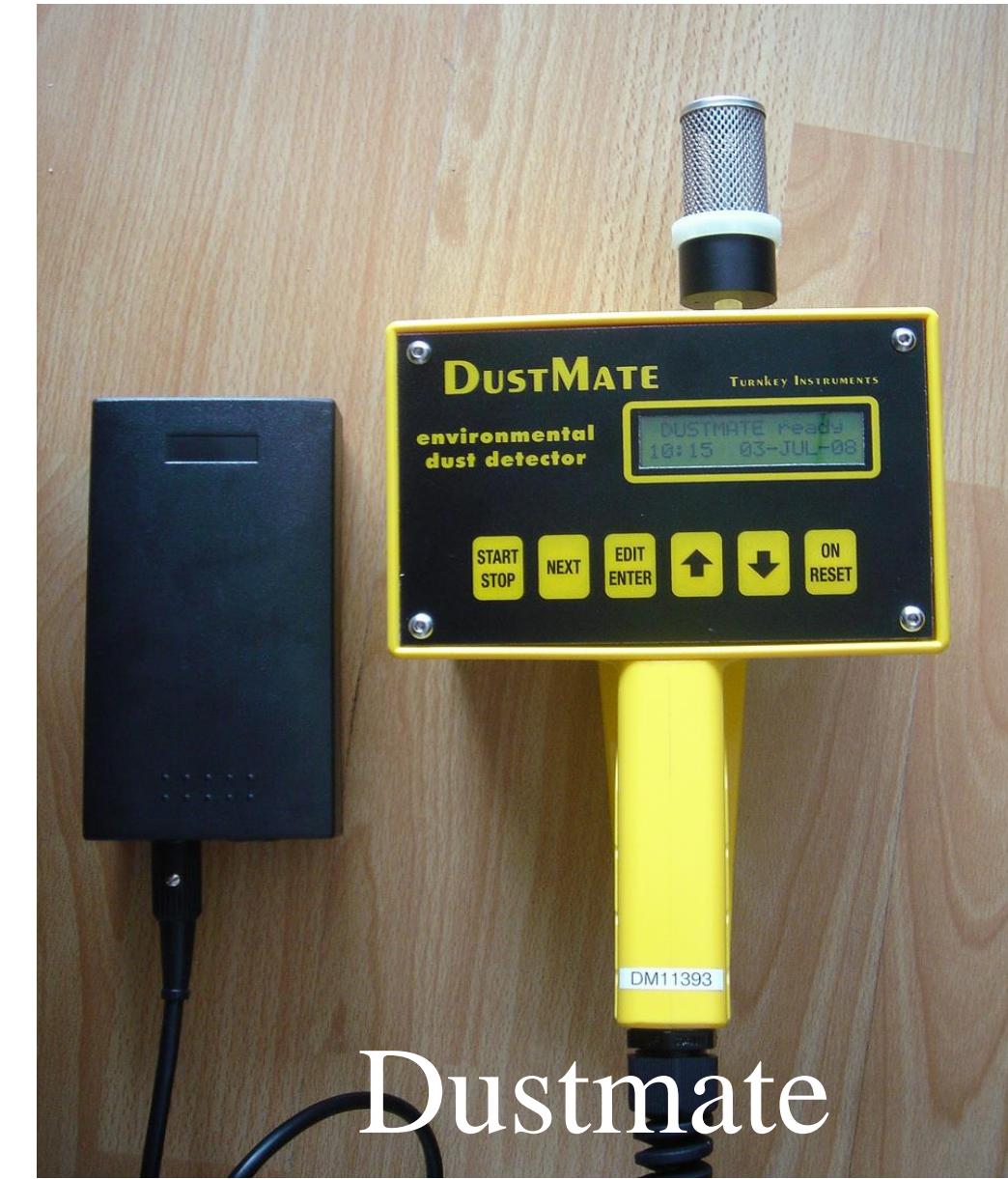
Kestrel 4500



PTM400-O₂



TES-1332A



Dustmate



QC - I



ATD - GC/MS



KEC - 900

- **Micro-climate**
(Light intensity, Wind velocity, temperature, relative humidity)
- **BVOCs**
- **Negative ions**
- **Particulate matters**
(TSP, PM10, PM2.5, PM1)
- **Air oxygen**



Spring



Summer



Autumn

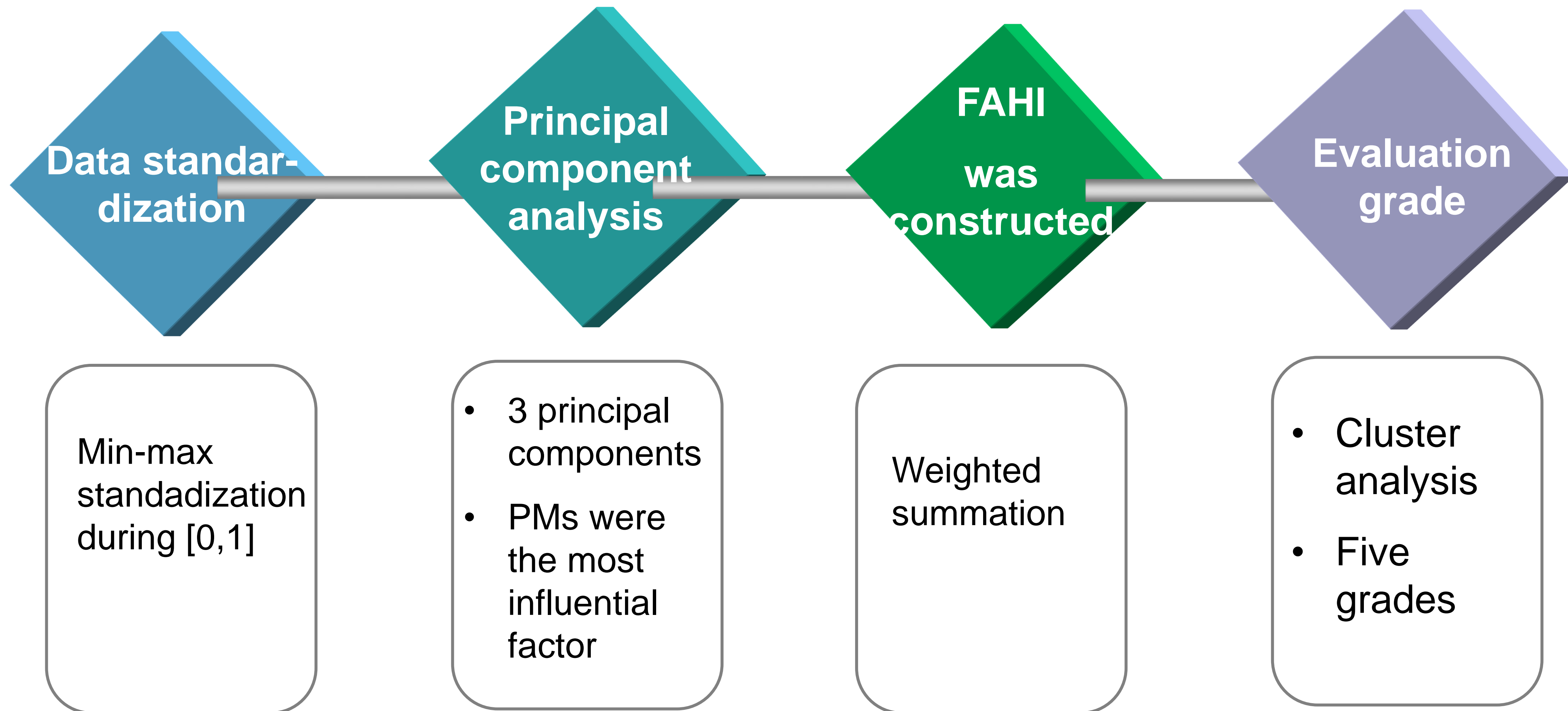


Winter

When to monitor

4 seasons in a year
(5:00am, 7:00am,
9:00am, 11:00am,
13:00 pm, 15:00pm,
17:00pm, 19:00pm)

Constructing **FAHI** using mathematical statistics





Results

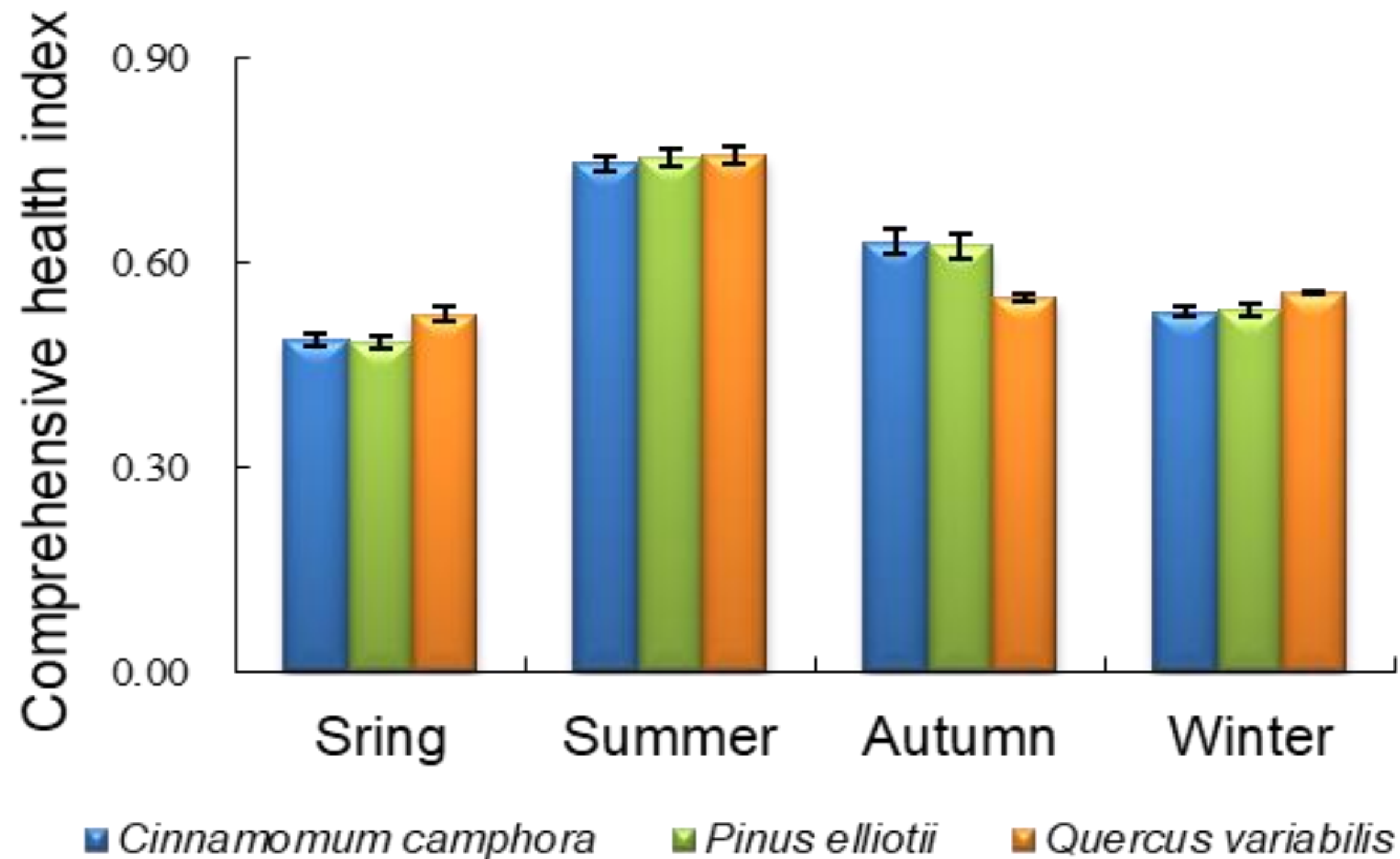


Fig.1 Seasonal variations of ecological comprehensive health index in three plots

Tab.1 Variance analysis of seasonal variation of ecological health comprehensive index in three sample plots

Forest plots	Spring	Summer	Autumn	Winter
<i>Cinnamomum camphora</i> forest	d (b)	a (a)	b (a)	c (b)
<i>Pinus elliotii</i> forest	d (b)	a (a)	b (a)	c (b)
<i>Quercus variabilis</i> forest	c (a)	a (a)	b (b)	b (a)

The different small letters in the same row column and the different small letters in brackets in the same column indicates significant difference ($P < 0.05$).



◆ *Cinnamomum camphora* ■ *Pinus elliotii* ▲ *Quercus variabilis*

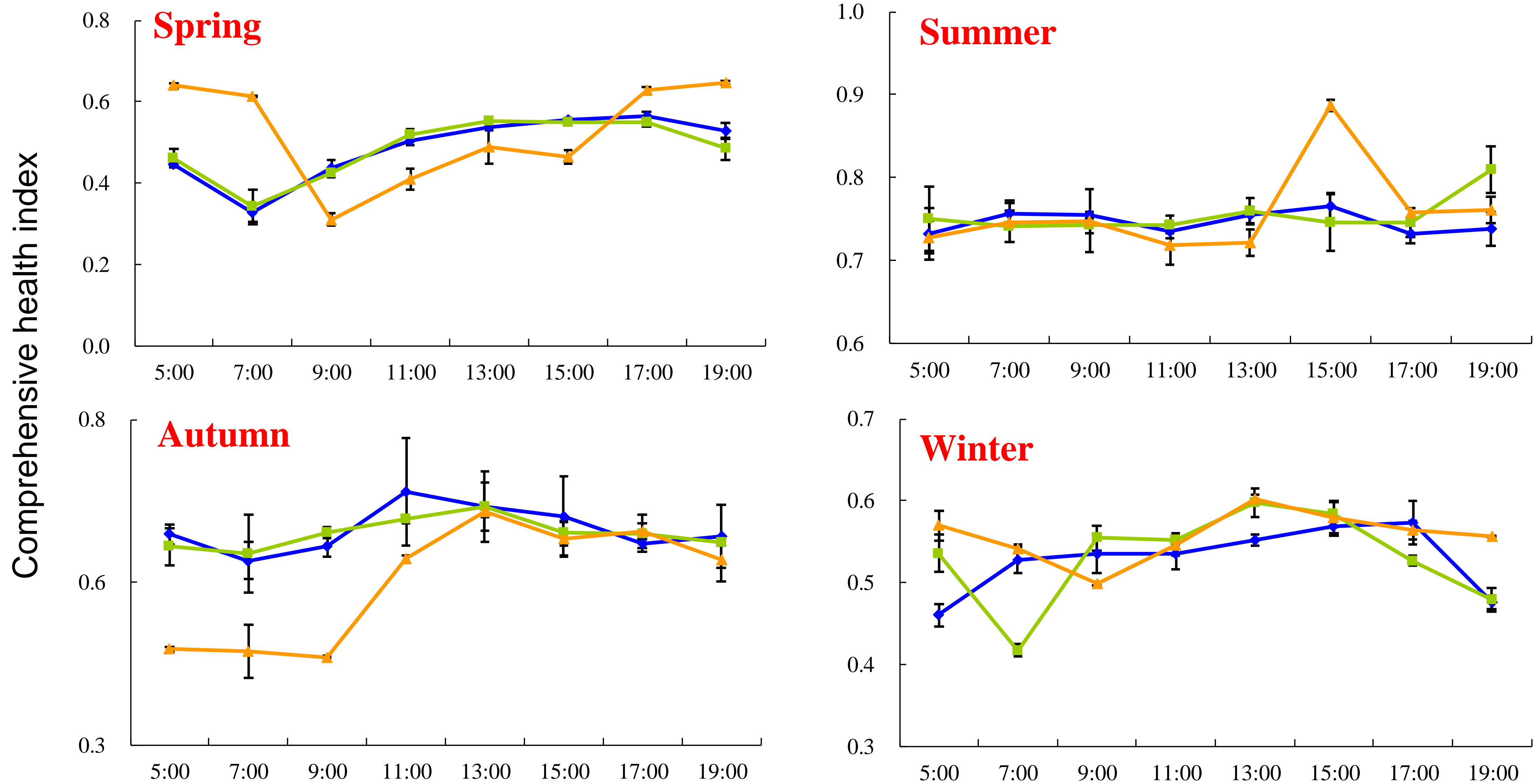


Fig.2 Diurnal variations of ecological comprehensive health index in three plots

Tab.2 Evaluation of FAHI in three forests

Seasons	Plots	Time								Average
		5:00	7:00	9:00	11:00	13:00	15:00	17:00	19:00	
Spring	<i>Cinnamomum camphora</i> forest	IV	IV	IV	III	III	III	III	III	III
	<i>Pinus elliotii</i> forest	IV	IV	IV	III	III	III	III	III	III
	<i>Quercus variabilis</i> forest	III	III	IV	IV	III	IV	III	III	III
Summer	<i>Cinnamomum camphora</i> forest	II	II	II	II	II	II	II	II	II
	<i>Pinus elliotii</i> forest	II	II	II	II	II	II	II	I	II
	<i>Quercus variabilis</i> forest	II	II	II	II	II	I	II	II	II
Autumn	<i>Cinnamomum camphora</i> forest	III	III	III	II	II	III	III	III	III
	<i>Pinus elliotii</i> forest	III	III	III	III	II	III	III	III	III
	<i>Quercus variabilis</i> forest	III	III	III	III	III	III	III	III	III
Winter	<i>Cinnamomum camphora</i> forest	IV	III	III	III	III	III	III	IV	III
	<i>Pinus elliotii</i> forest	III	IV	III	III	III	III	III	IV	III
	<i>Quercus variabilis</i> forest	III	III	III	III	III	III	III	III	III

I : Very good, II : Good, III: Moderate, IV: Bad, V : Very bad.



Tab.3 Suitable recreation time of climate comfort in three kinds of recreational forests

Seasons	Kinds of recreational time	<i>Cinnamomum camphora</i> forest	<i>Pinus elliotii</i> forest	<i>Quercus variabilis</i> forest
Spring	Suitable recreational time	11:00~19:00	11:00~19:00	5:00~7:00, 13:00, 17:00~19:00
	The best recreational time	——	——	——
Summer	Suitable recreational time	5:00~19:00	5:00~19:00	5:00~19:00
	The best recreational time	5:00~19:00	5:00~19:00	5:00~19:00
Autumn	Suitable recreational time	5:00~19:00	5:00~19:00	5:00~19:00
	The best recreational time	11:00~13:00	13:00	——
Winter	Suitable recreational time	7:00~17:00	5:00, 9:00~17:00	5:00~19:00
	The best recreational time	——	——	——



Conclusions

- Seasonal averaged AHCI was **the highest in the summer and lowest in the spring**. In addition, the highest AHCI in spring, summer and winter, while the lowest within *Quercus variabilis* forest.
- The diurnal variation of AHCI in the 3 forests all showed nearly “**one vale**” in the spring, while changed gradual in summer and autumn. In winter, the diurnal variation of *Cinnamomum camphora* forest showed “one peak”, and the other two forests showed “one peak and one vale”.
- It suitable for forest recreation in the three forests **during 5:00-11:00 am in summer and autumn**, however, not be suitable during 5:00-11:00 am in spring nor 5:00-9:00 am and 19:00 pm in winter.



Outlook



Combining physiological and psychological indicators of human to carry out comprehensive monitoring.



Acknowledgments

- Thank you for your attention!
- Thanks to our team!
- Funding: **“Twelfth Five-Year”
National Science and
Technology Support Program**
(No. 2011BAD38B03)



Urban Forest Research Center, National Forestry
and Grassland Administration of China